

# **ENDOCRINOTOX VADEMECUM**

*Homeopathic regulation of the neuroendocrine system*

*Edited by  
Roy Martina, M.D., C.A., D.Ht*

# **ENDOCRINOTOX HANDBOOK**

## **Homeopathic regulation of the neuroendocrine system**

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## ***INDEX***

Introduction

Applications

General Endocrinotox Therapy

Description of the remedies

Endocrinotox No. 1 -	PMS
Endocrinotox No. 2 -	GENERAL MALE REGULATION
Endocrinotox No. 3 -	GENERAL FEMALE REGULATION
Endocrinotox No. 4 -	LEFT OVARY
Endocrinotox No. 5 -	RIGHT OVARY
Endocrinotox No. 6 -	PITUITARY GLAND
Endocrinotox No. 7 -	MALE GONAD ENDOCRINE TYPE
Endocrinotox No. 8 -	FEMALE GONAD ENDOCRINE TYPE
Endocrinotox No. 9 -	ADRENAL GLANDS
Endocrinotox No. 10 -	HYPOTHYROID
Endocrinotox No. 11 -	HYPERTHYROID
Endocrinotox No. 12 -	CYCLOSHORT
Endocrinotox No. 13 -	CYCLOMETRE
Endocrinotox No. 14 -	CYCLOREGULAR
Endocrinotox No. 15 -	CYCLOSTIM
Endocrinotox No. 16 -	CYCLOPRECLIM
Endocrinotox No. 17 -	CYCLOCLIM
Endocrinotox No. 18 -	CYCLODYSMENO
Endocrinotox No. 19 -	UTERUS
Endocrinotox No. 20 -	MASTO
Endocrinotox No. 21 -	PROSTATE
Endocrinotox No. 22 -	POST-NATAL
Endocrinotox No. 23 -	REGENERATION
Endocrinotox No. 24 -	NEUROIMMUNE REGULATION FOR CHILDREN
Endocrinotox No. 25 -	NEUROIMMUNO
Endocrinotox No. 26 -	PARATHYROIDS

Detoxification and Endocrinotox Therapy

Pregnancy and Endocrinotox Therapy

Children and Endocrinotox Therapy

Regeneration and Endocrinotox Therapy

Highly sensitive patients and Endocrinotox Therapy

Acupuncture and Endocrinotox Therapy

The Bioenergy Test and Endocrinotox Therapy

Therapeutic Index



## ***INTRODUCTION***

In medicine, a good detoxification of the tissues and extracellular fluids ensures good results in a high percentage of cases. Doctors who have used Detox, Allergyplex and Endotox know that they can achieve excellent results.

However, a small number of patients do not react to the remedies or find that they are only partially effective. This can be due to many different factors but the absence of a good maintenance therapy can be one of the many causes.

Maintenance therapy has three aims:

- 1) Prevention – avoiding toxins accumulating again
- 2) Regeneration – “cleaning up” the arteries and regenerating and rejuvenating stressed organs.
- 3) Constitutional therapy – this requires the deep action of the Homeopathic polycrests in order to strengthen genetic weaknesses.

After the first signs of improvement have been seen in the patient, they are often left to their own devices, and some patients simply don't go back to their doctor for a second visit. Unfortunately, patients who interrupt their treatment after seeing the first signs of improvement revert to their previous state.

Other patients can return to their original state prior to treatment as a result of allergies or food intolerances.

Other reasons such as smoking, alcohol, lack of physical exercise, poor diet, stress, electromagnetic frequencies, work and family problems etc. can also mean that the therapy does not have a stabilising effect.

Endocrinotox remedies are extremely effective in all these cases.

The Endocrinotox range of remedies support the metabolism and regenerate organs with endocrine function. As a result the patient is better equipped to react when subjected to emotional and stressful factors.

The Endocrinotox range is a new development in complex Homeopathy. It consists of 26 preparations which are fully synergic in their action.

These products are tested and formulated using a combination of the INTEGRA and Vega methods.

These preparations have significant effects on the various endocrine types.

There are certain endocrine constitutions that determine the various types and that differ according to fat tissue localisations. The accumulation of fat is categorised under different “endocrine types”, which are classified in the following 4 ways:

- 1 - fat tissue predominantly on the stomach (“beer belly”)
- 2 – fat tissue predominantly on the thorax (front and back)
- 3 – fat tissue on the hips (particularly in women)
- 4 – fat tissue all over the body

By identifying where the excess fat tissue is located, one can determine to which endocrine type someone belongs.

The Endocrinotox remedies are extremely effective and have clinical, acute and symptomatic indications.

*Summary:* Endocrinotox remedies can be used in all types of therapy. They produce excellent results when combined with the Detox and Endotox remedies. They can also be used to prepare the patient for emotional therapy with Flowerplex or for allergy treatment using Allergyplex.

Sensitivity or negative reactions to these remedies are extremely rare and they can have quite a profound effect on the neuroendocrine system. Depending on the dosage, their regenerative effects can be seen after 2-4 weeks.

## ***APPLICATIONS***

### **Endocrine types**

There are various endocrine types which are classified according to their constitution. The classification indicates which organic neuroendocrine system is structurally weak.

There are 4 types for women and 3 types for men:

Women: Pituitary, adrenal, thyroid, gonad

Men: Pituitary, adrenal, thyroid

### ***Pituitary endocrine type***

The function of the pituitary gland plays a key role in this endocrine type.

The physique of these patients is similar to that of a child. The head is usually larger than normal and there is an accumulation of fat all over the body, which is typical for children. They generally prefer dairy products and fruit.

This endocrine type is extremely stressed and thinks more about work rather than actually doing it. They are easily distracted, have a tendency towards becoming irritable and are susceptible to allergies.

### ***Adrenal endocrine type***

The function of the adrenal gland plays a key role in this endocrine type.

Externally they have a solid physique and obvious muscle masses. They have a tendency towards developing a “beer belly”. They usually prefer meat, potatoes and eggs. This endocrine type is also extremely stressed, as well as aggressive and irritable. When they are stressed they have an increased need for dairy products. They have a predisposition towards heart disorders, arteriosclerosis and diabetes.



### ***Thyroid endocrine type***

The thyroid plays a key role in this endocrine type. They are usually tall with long limbs and have fat within the thorax.

They usually prefer proteins, sweet foods and coffee. This endocrine type can work extremely intensely - during these intense work phases they have periods of fatigue. They have a tendency towards irritability when under stress and prefer bread and eggs. They have a predisposition towards influenza, colitis and allergies.

### ***Gonad endocrine type***

This type is most commonly found amongst women. It is more difficult to identify in men. Ovarian function plays a key role in this type. You will generally see an increase in fat around the hips and less fat on the upper body. They prefer fatty, creamy, strongly-flavoured or salty foods. Their energy curve is stable and is evenly distributed during the course of the day. They are a little irritable under stress and prefer fruit. They are susceptible to fibromas, tumours and cysts.

### **Stress**

There is a natural inclination towards eating foods that stimulate one's dominant glands, which create a particular emotional state. When under stress, the body also tends to crave foods that are likely to suppress the dominant glands.

## ***GENERAL ENDOCRINOTOX THERAPY***

The best method is to firstly identify to which endocrine type the patient belongs and then treat the patient with the relevant remedy. This enables you to strengthen the constitutional weaknesses and helps to establish a good basis for a more intense treatment and recovery.

### **Total regeneration therapy**

This type of therapy is particularly indicated in the following cases:

- 1) General Prophylaxis
- 2) Treatment for drug-resistant patients (who do not respond adequately to medical treatment)
- 3) Debilitated or weak patients
- 4) As a rejuvenation protocol after successful treatment
- 5) Preventive therapy for young patients

#### **1) Preparatory phase**

To balance the entire neuro-endocrine axis and the circulation.

Remedies:

- Endocrinotox No. 2 (General male regulation)
- Endocrinotox No. 3 (General female regulation)
- Endocrinotox No. 23 (Regeneration)
- Endotox No. 1 (Circulation)

Dosage: 15 drops of each remedy, 3 times a day

Duration of therapy: 15-20 days

#### **2) Pituitary stage**

With each disorder of the endocrine system, there is always a stress to the pituitary feedback systems.

Remedies:

- Endocrinotox No. 6 (Pituitary gland)
- Endocrinotox No. 23 (Regeneration)
- Endotox No. 1 (Circulation)

Dosage: 15 drops of each remedy, 3 times a day  
Duration of treatment: 15-20 days

### **3) Thyroid stage**

The thyroid is the dominant gland in the basal metabolism. A bioenergy test should be carried out initially in order to establish whether the patient has a hypo- or hyper-thyroid metabolism.

Remedies:

- Endocrinotox No. 10 (Hypothyroid)
- Endocrinotox No. 11 (Hyperthyroid)
- Endocrinotox No. 26 (Parathyroids)

Dosage: 15 drops of each remedy, 3 times a day  
Duration of treatment: 15-20 days

### **4) Adrenal stage**

The adrenal gland is the dominant gland that regulates the effects of stress.

Remedies:

- Endocrinotox No. 9 (Adrenal glands)
- Detox No. 17 (Stress)
- Endocrinotox No. 23 (Regeneration)

Dosage: 15 drops of each remedy, 3 times a day  
Duration of treatment: 15-20 days

### 5) 1<sup>st</sup> gonad stage

The gonads are secondary reaction organs, which are extremely sensitive to the effects of poisoning from heavy metals and chemical products.

Remedies:

- Endocrinotox No. 7 (Male gonad endocrine type)
- Endocrinotox No. 8 (Female gonad endocrine type)
- Detox No. 12 (Environment)
- Detox No. 14 (Maintenance)

Dosage: 15 drops of each remedy, 3 times a day

Duration of treatment: 15-20 days

### 6) 2<sup>nd</sup> gonad stage

As they are composed of extremely germinative tissue, the gonads are the organs most predisposed to tumours. The solution is to carry out preventive treatment as early as possible.

Remedies:

men

- Endocrinotox No. 7 (Male gonad endocrine type)
- Endocrinotox No. 21 (Prostate)
- Endocrinotox No. 23 (Regeneration)

women

- Endocrinotox No. 8 (Female gonad endocrine type)
- Endocrinotox No. 19 (Uterus)
- Endocrinotox No. 20 (Masto)

Dosage: 15 drops of each remedy, 3 times a day

Duration of treatment: 15-20 days

### 7) Neuroimmune stage

The immune system regenerates the body and should be detoxified from polluting agents.

Remedies:

men

- Endocrinotox No. 25 (Neuroimmuno) for children
- Endocrinotox No. 24 (Neuroimmune regulation for children)

- Endotox No. 14 (Thymus)
- Endocrinotox No. 2 (General male regulation)

women

- Endocrinotox No. 25 (Neuroimmuno)
- Endotox No. 14 (Thymus)
- Endocrinotox No. 3 (General female regulation)

Dosage: 15 drops of each remedy, 3 times a day  
Duration of treatment: 15-20 days

### **8) Maintenance therapy**

- Detox No. 12 (Environment)
- Endotox No. 1 (Circulation)
- Detox No. 14 (Maintenance)
- Appropriate Endocrinotox remedy for the dominant endocrine type

Dosage: 15 drops of each remedy, 3 times a day  
Duration of treatment: 3-4 months

At the end of treatment, repeat the cycle or carry out Detox therapy (see the Detox handbook)

## ***DESCRIPTION OF THE REMEDIES***

# ENDOCRINOTOX

No. 1

## *PMS (Premenstrual Syndrome)*

### **Indications:**

All premenstrual disorders and related symptoms: irritability, fluid retention, anxiety, depression, emotional stress, hot flashes, hypoglycaemia. The symptoms can start during ovulation and continue up to menstruation.

When a male patient has a positive bioenergy test, this can indicate:

1. emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. use of suppressive drugs, or
5. overstimulation with stimulants such as coffee, nicotine, alcohol

This remedy can be prescribed for men, particularly when they are suffering from irritability, anxiety or insomnia.

### **Composition:**

Pulsatilla D6/D9	Oophorinum D12
Sepia D6/D9/D12	Solidago D1
Salix nigra D2	Apis mellifica D4
Corpus luteum 7CH	Viburnum opulus D3
Oestrogen 7CH	Vespa crabro D4
Hypothalamus 7CH	Natrum muriaticum D6/D9/D12
Ammonium carbonicum D6	Fagus sylvatica gemmae D1
Nux vomica D9	Passiflora incarnata TM
Sabina D6	Zincum valerianicum D6

### Pharmacological notes:

Pulsatilla:	emotional disorders, anxiety and irritability
Sepia:	hormonal disorders and irregular menstruation, depression
Salix nigra:	homeopathic remedy for irritability, difficult menstrual cycles
Corpus luteum:	hormone regulation
Oestrogen:	hormone regulation
Hypothalamus:	hormone regulation
Ammonium carbonicum:	when the disorders worsen prior to menstruation
Nux vomica:	stress from overstimulation, irritability, stress in general, insomnia
Sabina:	back pain prior to and during menstruation
Oophorinum:	regulation of hormones
Solidago:	activation of diuresis, renal drainage
Apis mellifica:	general drainage, ovarian disorders, irritability
Viburnum opulus:	cramps in the uterus and ovaries
Vespa crabro:	premenstrual depression, Hypoglycaemia, water retention
Natrum muriaticum:	general depression, suppressed emotions, water retention
Fagus sylvatica gemmae:	remedy for the kidneys, oedema, and water retention
Passiflora incarnata:	relaxing remedy, anti-spastic properties
Zincum valerianicum:	relaxing remedy

### Posology:

15 drops, 3 times a day, at least several minutes before or after meals. Combine with **Detox No. 17 (Stress)** and **Detox No. 13 (Kidneys)**. In acute situations, administer less drops more frequently – for example, 8 drops every hour. If premenstrual syndrome is expected, take 15 drops 3 times a day as a preventive treatment.

Take the more frequent dosage as soon as the symptoms of PMS begin.



# ENDOCRINOTOX

## No. 2

### ***GENERAL MALE REGULATION***

#### **Indications:**

Regulation of the male neuroendocrine system. Used for disorders such as tiredness, reduced energy levels, chronic infections, fatigue, chronic post-viral syndrome, reduced libido, and prevention of these disorders in old age. It is also effective when taken during stressful situations.

When female patients have a positive bioenergy test result, this can indicate one of the following conditions:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs

#### **Composition:**

Ribes nigrum gemmae D1	Thymus 7CH
Sequoia gigantea gemmae D1	Ginkgo biloba D1
Passiflora D1	Pancreas 7CH
Arnica 7CH/9CH/12CH	Testis 7CH/30CH
Placenta 4CH	Testosterone propionate 7CH
Hypothalamus 7CH	Glandulae suprarenales 4CH/7CH
Epiphysis 7CH	Adrenal cortex 4CH
Cerebrum 7CH	Nux vomica D9
Thyreoidea 7CH	Acidum hydrofluoricum D9
Prostate 7CH	

### **Pharmacological notes:**

Ribes nigrum gemmae:	insufficiency of the adrenal glands
Sequoia gigantea gemmae:	prostate, lymphatic circulation, regeneration
Passiflora:	anti-spastic, sedative
Arnica:	Stimulation of the connective tissue
Placenta:	hormone regulation and general regeneration
Hypothalamus:	hormone regulation and regeneration
Epiphysis:	hormone regulation and regeneration under stress
Cerebrum:	regeneration of cerebral tissues
Thyreoidea:	hormone regulation and regeneration, connective tissues of the thyroid
Thymus:	immune regulation and regeneration of the thymic connective tissues
Ginkgo biloba:	stimulates the brain and peripheral circulation
Pancreas:	regenerates the pancreas
Testis:	hormone regulation and regeneration of male gonads
Testosterone propionate:	immune regulation and regeneration
Glandulae suprarenales and Adrenal cortex:	immune regulation and regeneration of the adrenal glands
Nux vomica:	stress regulation
Acidum hydrofluoricum:	regeneration of connective tissue and skin
Prostate:	hormone regulation and regeneration

### **Posology:**

15 drops, 3 times a day, at least several minutes before or after meals. For conditions of debility, increase the frequency of posology to 10 drops, 6 times a day.

Combine **Detox No. 16 (Regeneration)** and **Detox No. 4 (Cellular load)**.

# ENDOCRINOTOX

No. 3

## ***GENERAL FEMALE REGULATION***

### ***Indications:***

Regulation of the female neuroendocrine system. Effective in the treatment of disorders such as fatigue, poor energy levels, chronic infections, chronic post-viral restlessness syndrome, low libido (in men). Also used to prevent the onset of these disorders in old age.

If male patients have a positive Bioenergy result, this may indicate the following:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs

### **Composition:**

Fraxinus americanus D1	Progesteron 7CH
Sequoia gigantea gemmae D1	Oestrogen 7CH
Humulus lupulus D1	Insulin 7CH
Placenta 4CH	Glandulae suprarenales 7CH
Hypothalamus 7CH	Pulsatilla D12
Thyreoidea 7CH	Sepia D9/D12
Thymus 4CH	Acidum hydrofluoricum D9
Splen 7CH	Uterus 7CH
Ovarium 7CH	Conium D9/D12

### **Pharmacological notes:**

Fraxinus americanus:	lymphatic circulation in the gonads and ovaries
Sequoia gigantea gemmae:	lymphatic circulation and regeneration of gonads and ovaries
Humulus lupulus:	relaxation
Placenta:	hormone regulation and regeneration
Hypothalamus:	hormone regulation and regeneration
Glandula thyreoidea:	metabolic regulation and regeneration
Thymus:	immuno-hormonal regulation and regeneration
Splen:	regeneration of the spleen
Ovarium:	regeneration of the ovaries
Progesteron:	hormone regulation and regeneration
Oestrogen:	hormone regulation and regeneration
Glandulae suprarenales:	regulation and regeneration of the adrenal glands
Insulin:	regulation of the metabolism of sugar
Pulsatilla:	emotional and neuro-hormonal effects
Sepia:	hormone regulation
Acidum hydrofluoricum:	regeneration of the connective tissue and skin
Uterus:	regeneration of the uterus
Conium:	prophylaxis of malignancies in the breasts and uterus

### **Posology:**

15 drops, 3 times a day, at least several minutes before or after meals.  
Combine with **Endotox No. 14 (Thymus)** and **Endocrinotox No. 18 (Uterus)**.

# ENDOCRINOTOX

## No. 4

### *LEFT OVARY*

#### **Indications:**

All disorders of the left half of the body, as well as inflammatory pains or disorders of the left ovary and general neuroendocrine regulation disorders.

If the test is positive for male patients, this indicates the following:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs, or
5. problems in the left part of the body

#### **Composition:**

Glycyrrhiza glabra TM  
Capsicum annum TM/D6  
Hydrastis D1  
Placenta 4CH  
Hypothalamus 7CH  
Hypophysis 7CH  
Thyreoidea 7CH  
Splen 7CH  
Ovarium 7CH  
Viscum album D1

Oestrogen 7CH  
Conium D9/D12  
Argentum metallicum D12  
Thuja occidentalis D3  
Lachesis D9/D12/D15  
Medorrhinum 9CH  
Naja tripudians D9  
Platinum metallicum D12  
Progesteron 7CH

### Pharmacological notes:

Glycyrrhiza glabra:	effective for hormone regulation and the metabolism of sugars, in general
Capsicum annum:	for pain and hypersensitivity
Hydrastis:	effective on the immune system, antiseptic
Placenta:	regeneration of all tissues
Hypothalamus:	hormone regulation and general regeneration
Hypophysis:	hormone regulation and regeneration
Thyreoidea:	hormone regulation and regeneration of the thyroid
Splen:	regeneration of the spleen
Ovarium:	hormone regulation and regeneration of ovaries
Progesteron:	hormone regulation and regeneration
Oestrogen:	hormone regulation and regeneration
Conium:	effective in the treatment of all tumours and premalignancies in women
Argentum metallicum:	pain in the left ovary
Vespa crabro:	irritation of the left ovary
Thuja occidentalis:	pain in the left ovary
Lachesis:	homeopathic remedy for the left side
Medorrhinum:	increasing pain in the left ovary
Naja tripudians:	neuralgia of the left ovary
Platinum metallicum:	general endocrine regulation
Viscum album:	general action on the immune system, also effective for the treatment of tumours

### Posology:

15 drops, 3 times a day, at least several minutes before or after meals.

Combine with **Endocrinotox No. 3 (general female regulation)**.

For Premenstrual Syndrome: **Endocrinotox No. 1 (PMS)**.

For stress: **Detox No. 17 (Stress)**

# ENDOCRINOTOX

No. 5

## ***RIGHT OVARY***

### **Indications:**

All disorders affecting the right side of the body and/or the right ovary, as well as pain and inflammation. General neuroendocrine regulation disorders as well.

If a male patient has a positive bioenergy test, this indicates the following:

1. emotional or endocrine stress, or
2. biorhythm disorders, or
3. gonad premalignancies, or
4. the use of suppressive drugs, or
5. problems with the right side of the body

### **Composition:**

Capsicum annuum TM	Conium D9/D12
Echinacea angustifolia TM	Zincum valerianicum D6
Chelidonium D1	Apis mellifica D4/D6/D9/D12
Hypothalamus 7CH	Hedeoma D4
Hypophysis 7CH	Lycopodium D4/D6/D9
Thyreoidea 7CH	Palladium D12
Placenta 4CH	Sepia D4
Hepar 7CH	Pulsatilla D6
Ovarium 7CH	Lilium tigrinum D3
Progesteron 7CH	Oestrogen 7CH
Argentum nitricum D9	

## Pharmacological notes:

Capsicum annuum:	for pain and hypersensitivity
Echinacea angustifolia	acts on the immune system
Chelidonium:	acts on the liver and on the right side of the body
Hypothalamus:	hormone regulation and regeneration
Hypophysis:	hormone regulation and regeneration
Glandula thyreoidea:	hormone regulation and regeneration of the metabolism
Placenta:	regeneration of all tissues
Hepar:	dominant organ of the right side
Ovarium:	hormone regulation and regeneration of the menstrual cycle
Progesteron:	hormone regulation and regeneration
Oestrogen:	hormone regulation and regeneration of the menstrual cycle
Conium:	preventive action against premalignancies and benign tumours
Zincum valerianicum:	calming action for stress and spasms
Apis mellifica:	acts on the right ovary and the right side of the body and on water retention
Hedeoma:	acts on the ovaries
Lycopodium:	acts on the liver and the right side of the body, detoxification
Palladium:	irritation of the right ovary
Sepia:	hormone regulation and regeneration of the menstrual cycle
Pulsatilla:	hormone regulation and regeneration of the menstrual cycle
Lilium tigrinum:	action on the neuroendocrine system
Argentum nitricum:	action on the metabolism of sugars

## Posology:

15 drops, 3 times a day, at least several minutes before or after meals.

Combine with **Endocrinotox No. 3 (General female regulation)**.

If inflammation occurs add: **Detox No. 8 (Immune power)**.

For Premenstrual Syndrome: **Endocrinotox No. 1 (PMS)**.

For stress: **Detox No. 17 (Stress)**.



# ENDOCRINOTOX

No. 6

## *PITUITARY GLAND*

### **Indications:**

Stress to the neuroendocrine system: we can always find evidence of stress to the regulatory systems of the pituitary gland and the Hypothalamus. This remedy is indicated in the treatment of all neuroendocrine disorders, as well as the pituitary endocrine type. The therapy should last at least three months so as to obtain a regenerative effect on the glands. The pituitary gland plays a dominant role in the pituitary endocrine type. One can see that their build resembles that of a child. The head is usually larger than normal and there is an accumulation of fat all over the body.

They generally prefer dairy products and fruit. This endocrine type is particularly sensitive to stress, is easily distracted, has a tendency towards irritability and is susceptible to allergies. The various endocrine types are often confused as it is difficult to identify the exact constitutional symptoms. However, it is generally easy to recognise this particular endocrine type.

Other indications include:

General disorders or dysfunctions of the neuroendocrine system – it can be used for all endocrine types to help regulate the endocrine system.

### **Composition:**

Aesculus hippocast. Gemmae D1  
Pinus sylvestris D1

Aloe D1  
Hypophysis 4CH/7CH/9CH/12/CH/15CH  
Thyreoidea 7CH  
Hypothalamus 7CH  
Barium muriaticum D4  
Ammonium muriaticum D4  
Pancreas 7CH

Antimonium crudum D8  
Calcium carbonicum  
D9/D12/D15/D30  
Carbo vegetabilis D9  
Cina D3  
Kreosotum D6  
Lac caninum D6/D9/D12  
Pulsatilla D12  
Sepia D9/D12/D30  
Hepar 7CH

## Pharmacological notes:

Aesculus hippocast. gemmae:	effective treatment for depression and irritability
Pinus sylvestris:	general drainage of the lymph
Aloe:	acts on the lymphatic circulation
Hypophysis:	regeneration of the pituitary gland
Thyreoidea:	basal metabolism
Hypothalamus:	correlation with the pituitary gland
Barium muriaticum:	acts on hormone synthesis
Ammonium muriaticum:	poor functioning of the pituitary gland
Antimonium crudum:	tendency towards obesity
Calcium carbonicum:	Pituitary constitution
Carbo vegetabilis:	Pituitary constitution
Cina:	scrofulous type
Kreosotum:	acts on endocrine regulation in general
Lac caninum:	according to INTEGRA, acts on the pituitary gland and Hypothalamus
Pulsatilla:	Pituitary constitution
Sepia:	regulation of the endocrine system in general
Pancreas:	regeneration of the pancreas
Hepar:	regeneration of the liver

## Posology:

15 drops, 3 times a day, several minutes before or after meals.

10 drops should also be taken before bedtime (this remedy is more effective at nighttime).

Combine with **Endocrinotox No. 2 (general male regulation)** or **Endocrinotox No. 3 (general female regulation)**.

## ENDOCRINOTOX

No. 7

# DISCONTINUED

*MALE GONAD ENDOCRINE TYPE*

### Indications:

All the symptoms connected with male gonad function such as virility, libido, energy levels and emotional stress.

It is also indicated in the treatment of fibromas, tumours, gonad cysts, and hypertrophy of the prostate. Other characteristics are outlined in the description of the Gonad Endocrine type. Constitutional therapy should be administered for at least three months. This type is more common in women and is more difficult to identify in men. Testosterone plays a key role. This endocrine type display increased fat around the hips and very little fat on the upper body. Their energy curve is stable and remains at even levels throughout the day. They easily become irritable when under stress.

If female patients have a positive test result, this indicates:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs, or
5. problems with fibromas in the uterus and breasts.

### Composition:

Aurum natronatum muriaticum D4/D9/D12

Antimonium crudum D8

Apis mellifica D6

Sequoia gigantea gemmae D1

Populus tremuloides D1

Sabal serrulata D1

Lachesis D9

Crataegus oxyacantha gemmae D1

Agnus castus D2

Conium D6/D9/D12

Nux vomica

D6/D9/D12

Ribes nigrum D1

Testosterone  
propionate 7CH

Testis 7CH

Hypophysis 7CH

Thyreoidea 7CH

Castor equi D4

Passiflora incarnata

TM

Chimaphila umbellata D1

Glycyrrhiza glabra  
TM

**Pharmacological notes:**

Aurum natronatum muriaticum:	Hypertrophy of the prostate, arteriosclerosis
Antimonium crudum:	tendency towards obesity
Apis mellifica:	effective for the kidneys and adrenal glands
Sequoia gigantea gemmae:	lymphatic drainage of the pelvic area
Populus tremuloides:	effective on benign tumours and the prostate
Sabal serrulata:	effective on the urogenital organs
Lachesis:	effective on the neuroendocrine system
Castor equi:	acts on hormone regulation
Agnus castus:	libido and energy levels
Chimaphila umbellata:	lymphatic drainage, gonads and prostate
Conium:	acts on premalignancies and soft tissue traumatic incidents
Nux vomica:	anti-stress remedy
Ribes nigrum:	regeneration and stimulation of the adrenal glands, lymphatic drainage
Testosterone propionate:	regulation of male hormones
Testis:	regulation of the gonads
Hypophysis:	neuroendocrine regulation
Thyreoidea:	metabolism
Crataegus oxyacantha gemmae:	stimulates the circulation
Passiflora incarnate:	sedative and calming effect
Glycyrrhiza glabra:	acts on Hypoglycaemia and the pancreas

**Posology:**

15 drops, 3 times a day, several minutes before or after meals.

10 drops should also be taken before bedtime (its regulatory activity is at its most effective at night).

Combine with **Endocrinotox No. 2 (General male regulation)** and **Endocrinotox No. 21 (Prostate)**.

# ENDOCRINOTOX

No. 8

## ***FEMALE GONAD ENDOCRINE TYPE***

### **Indications:**

All disorders of the female endocrine system, such as libido, energy levels and emotional stress.

It is also effective for fibrosis, tumours, gonad cysts, myomas of the uterus and premalignancy. The therapy should also last at least three months for the gonad endocrine type. This endocrine type can easily be identified in women. The gonads (ovaries) play a dominant role. They have increased fat around the hips and very little fat on the upper body. They prefer fatty, creamy, and strongly-flavoured foods or salads and fruit. Their energy curve is stable and remains at even levels throughout the day. They become a little irritable when under stress.

A positive bioenergy test result for men indicates the following:

1. endocrine or emotional stress, or
2. biorhythm disorders, or
3. gonad premalignancy, or
4. the use of suppressive drugs, or
5. prostate problems (benign or malignant)

### **Composition:**

Aurum natronatum muriaticum D4/D9/D12

Antimonium crudum D8

Apis mellifica D6

Sequoia gigantea gemmae D1

Lachesis D6

Castor equi D4

Conium D6/D9/D12

Ribes nigrum gemmae D1

Fucus vesiculosus D1

Caulophyllum D3

Cimicifuga D3

Palladium metallicum  
D9

Lilium tigrinum D3

Helonias dioica D4

Sepia D9/D12/D30

Hieracium pilosella  
TM

Hypophysis 7CH

Thyreoidea 7CH

Ovarium 7CH

Uterus 7CH

### Pharmacological notes:

Aurum natronatum muriaticum:	Myomas of the uterus, arteriosclerosis
Antimonium crudum:	tendency towards obesity
Apis mellifica:	active on kidneys, adrenal glands and right ovary
Sequoia gigantea gemmae:	lymphatic drainage of the pelvic area
Lachesis:	active on the neuroendocrine system and the left ovary
Castor equi:	acts on the hormone system
Conium:	Premalignancy and traumas of the gonads and breasts
Ribes nigrum gemmae:	regeneration of the adrenal glands, stress
Fucus vesiculosus:	regulation of the metabolism of fats
Caulophyllum:	active on the uterus
Cimicifuga:	neuroendocrine regulation
Palladium metallicum:	neuroendocrine regulation
Lilium tigrinum:	active on the uterus
Helonias dioica:	lymphatic drainage of the pelvic area
Sepia:	neuroendocrine regulation
Hieracium pilosella:	drainage of the kidneys
Hypophysis:	neuroendocrine regulation
Thyreoidea:	metabolism
Ovarium:	neuroendocrine regulation
Uterus:	regeneration of the uterus

### Posology:

10 drops, 3 times a day, several minutes before or after meals.

10 drops before bedtime (it is more effective during sleep).

Combine with **Endocrinotox No. 2 (General female regulation)** and other female remedies required by the therapeutic guidelines.

# ENDOCRINOTOX

No. 9

## *ADRENAL GLANDS*

### **Indications:**

It is indicated in the treatment of all adrenal insufficiencies and as a support therapy for treatment with steroids and insulin (allopathic prescriptions with suppressive effects). It is also suitable for heavy physical activity, sport, chronic and acute stress, chronic and acute diseases, depression and allopathic therapies.

It is indicated for adrenal endocrine types (in this case, prescribe a minimum treatment period of 4-6 months).

The adrenal glands need a long time to regenerate themselves. They play a dominant role in hormone balance. Anyone classified as an “adrenal” endocrine type has a muscular and strong build, with a tendency towards a “beer belly”. They prefer meat, potatoes and eggs. They are extremely sensitive to stress and irritable. When under stress they have a great need for dairy products. They are predisposed to heart disorders and diabetes.

### **Composition:**

Agnus castus D2	Glycyrrhiza glabra D1
Adrenalinum D6/D12	Ginseng D1
Arnica D1	Eleutherococcus TM
Conium D12	Quercus pedunculata gemmae D1
Nux vomica D6/D9/D12	Ribes nigrum gemmae D1
Kalium phosphoricum D6/D12	Testosterone propionate 7CH
Guarana D2	Crataegus oxyacantha gemmae D1
Strontium carbonicum D9	Tilia tomentosa gemmae D1
Glandula suprarenalis 7CH	Chininum arsenicosum D6/D9

## Pharmacological notes:

Agnus castus:	libido and energy levels
Adrenalinum:	stress to the adrenal glands
Ribes nigrum gemmae:	regeneration of the adrenal gland
Testosterone propionate:	general neuroendocrine regulation
Crataegus oxyacantha gemmae:	circulation and stress to the heart
Glycyrrhiza glabra:	Hypoglycaemia and stress to the liver
Arnica:	for acute stress, trauma or severe physical stress
Conium:	chronic fatigue, adrenal endocrine type
Nux vomica:	adrenal constitution
Ginseng:	adrenal insufficiency
Eleutherococcus:	adrenal insufficiency
Quercus pedunculata gemmae:	adrenal insufficiency
Kalium phosphoricum:	adrenal insufficiency which often leads to viral infections
Guarana:	adrenal insufficiency
Strontium carbonicum:	post-operative shock and stress, adrenal insufficiency
Tilia tomentosa gemmae:	adrenal insufficiency
Glandula suprarenalis:	adrenal insufficiency
Chininum arsenicosum:	adrenal insufficiency

## Posology:

15 drops, 3 times a day, several minutes before or after meals.

Combine with **Detox No. 17 (Stress)** and **Endotox No. 14 (Thymus)**.

For tiredness and when an energy boost is needed, increase the dose to 10 drops every hour.



# ENDOCRINOTOX

No. 10

## ***HYPOTHYROID***

### **Indications:**

All disorders due to subclinical weakness of the thyroid.

It is also suitable for feelings of cold, hypotension, scanty or missed menstruation. Overwhelming need for sleep, intolerance to cold, susceptibility to contracting colds, tendency towards lethargy, fatigue, obesity and nervous exhaustion.

It is also effective for use with thyroid endocrine types.

The thyroid plays a dominant role in this endocrine type. They are usually tall, with long limbs and fat around the middle of the body. They generally prefer proteins, sugar and caffeine. This endocrine type are able to work extremely intensely for long periods of time, then periods of fatigue take over. Under stress, they tend to become irritable and prefer bread and eggs.

They have a predisposition towards influenza, colitis and allergies.

### **Composition:**

Fucus vesiculosus TM  
Iodum D4  
Calcium Iodatum D4/D6/D9  
Calcium silicicum D9/D12  
Alfalfa (Medicago Sativa) TM  
Alnus glutinosa gemmae D1

Alumen D8  
Avena sativa TM  
Ammonium carbonicum D6  
Badiaga D2

Spongia D2  
Graphites D9  
Calcium carbonicum D12  
Kalium carbonicum D12  
Solidago virgaurea D1  
Crataegus oxyacantha  
gemmae D1  
Digitalis D9  
Convallaria majalis D4  
Thyreoidea 4CH  
Hieracium pilosella TM

### **Pharmacological notes:**

Fucus vesiculosus:	regulation of the thyroid
Iodum:	Hypofunction of the thyroid and pituitary gland
Calcium Iodatum:	regulation of the thyroid
Calcium silicicum:	regulation of the thyroid
Alfalfa (Medicago Sativa):	for fatigue and slowed metabolism
Alnus glutinosa gemmae:	struma
Alumen:	hardening of the lymph glands
Avena sativa:	neuro-activation and stimulation
Ammonium carbonicum:	general weakness and slowed metabolism
Badiaga:	regulation of the thyroid
Spongia:	regulation of the thyroid
Graphites:	regulation of the thyroid
Calcium carbonicum:	Hypofunction of the thyroid and pituitary gland
Kalium carbonicum:	Hypofunction of the thyroid and pituitary gland
Solidago virgaurea:	drainage of the kidneys
Crataegus oxyacantha gemmae:	circulation
Digitalis:	stimulation of the heart
Convallaria majalis:	activator of the heart and thyroid
Thyreoidea:	Hypofunction of the thyroid and pituitary gland
Hieracium pilosella:	drainage of the kidneys

### **Posology:**

15 drops, 3 times a day, several minutes before or after meals.

Combine with **Endotox No. 8 (Hypometabolic)** and **Endocrinotox No. 6 (Pituitary gland)**.

# ENDOCRINOTOX

No. 11

## ***HYPERTHYROID***

### **Indications:**

All disorders due to subclinical hyperfunctions of the thyroid. It is also suitable for accelerated metabolism, Hypertension, Hyperhidrosis, diarrhoea, insomnia, intolerance to heat, allergies and nervous overstimulation.

It is also indicated for thyroid endocrine types. The thyroid also plays a dominant role in this endocrine type. They are generally tall with long limbs and are extremely thin. They have a good appetite and prefer proteins, sugar and coffee. This endocrine type can work intensely for long periods of time, then they have periods of fatigue. Under stress, they have a tendency to become irritable and prefer bread and eggs. They are sensitive to cold and have a predisposition towards influenza, colitis and allergies.

### **Composition:**

Iodum D12/D30

Ficus carica gemmae D1

Passiflora incarnata TM

Arsenum iodatum D9

Calcium fluoratum D12

Fucus vesiculosus D15

Badiaga D12/D15

Spongia D15

Kalium carbonicum D6

Thyreoidea D15/D30

Pilocarpus D4

Nux vomica D12

Humulus lupulus TM

Bromum D9

Anacardium D9

Phosphorus D12

Ignatia D4

Zincum valerianicum D5

### Pharmacological notes:

Iodum:	General effect on the thyroid metabolism
Ficus carica gemmae:	general calming effect
Passiflora incarnata:	general calming effect
Arsenum iodatum:	hyperfunction of the thyroid
Calcium fluoratum:	hardening of the thyroid gland and the lymph glands
Fucus vesiculosus:	at this potency, it has a calming effect on the metabolism
Badiaga:	calming effect on the metabolism
Spongia:	calming effect on the metabolism
Kalium carbonicum:	profound effect on thyroid disorders
Thyreoidea:	calming effect on the metabolism
Pilocarpus:	Hyperthyroidism
Nux vomica:	nervous overload
Humulus lupulus:	calming effect on the metabolism
Bromum:	general neuroendocrine regulation
Anacardium:	neurasthenia
Phosphorus:	acts on the liver and neuroendocrine regulation
Ignatia:	nervous depression
Zincum valerianicum:	excessive stimulation and insomnia

### Posology:

10 drops, 3 times a day, several minutes before or after meals.

10 drops before bedtime (more effective).

Combine with **Endocrinotox No. 3** and **No. 2 (general male and female regulation)** and **Endotox No. 7 (Hypermetabolic)**.

ENDOCRINOTOX

No. 12

# DISCONTINUED

*CYCLOSHORT*

## **Indications:**

Remedy for women who present with too short a cycle and other menstrual disorders at the anamnesis.

This remedy is therapeutically effective on the neuroendocrine system in general. A bioenergy test illustrated that this remedy can also be effective in treating a large number of other disorders which may or may not be directly related to the menstrual cycle. In cases where this remedy proves suitable for men or women with symptoms that do not relate to the remedy, the cause is biological clock or biorhythm disorders. This means that the remedy can also be effective for treating men in this situation.

## **Composition:**

Asarum europea D2

Arsenicum album D9

Aletris farinosa D3

Arundo D3

Baptisia D3

Bromum D9

Carbo vegetabilis D8

Coccus cacti D4

Ferrum metallicum D9

Helonias dioica D4

Magnesium sulphuricum D6

Natrum phosphoricum D9

Acidum muriaticum D6

Bufo D9

Hypophysis 7CH

Ovarium 7CH

Sepia D12

Zincum valerianicum D6

Vinca minor D1

China regia (Cinchona officinalis)

D4

### **Pharmacological notes:**

Asarum europeae:	premature menstruation with fluor albus
Arsenicum album:	regulation of the biological clock
Aletris farinosa:	acts on the pituitary gland, menstruation and asthenia
Arundo:	premature menstruation
Baptisia:	infections and premature menstruation, mental stress
Bromum:	neuroendocrine regulation
Carbo vegetabilis:	acts on the pituitary gland and the ovaries
Coccus cacti:	urogenital disorders and premature menstruation
Ferrum metallicum:	short cycle with general weakness
Helonias dioica:	nervous dysregulation of the biological clock
Magnesium sulphuricum:	irregular menstruation
Natrum phosphoricum:	infertility, short cycle
Acidum muriaticum:	fatigue and asthenia in a short cycle
Bufo:	neuroendocrine regulation
Hypophysis:	neuroendocrine regulation
Ovarium:	neuroendocrine regulation
Sepia:	neuroendocrine regulation
Zincum valerianicum:	irritability due to a short cycle
Vinca minor:	short cycle
China regia (Cinchona officinalis):	debilitated states

### **Posology:**

10 drops, 3 times a day, several minutes before or after meals.

10 drops before bedtime (more effective).

Combine with **Endocrinotox No. 14 (Cycloregular)** and **Endocrinotox No. 11 (Hyperthyroid)**

# ENDOCRINOTOX

No. 13

## *CYCLOMETRO*

### **Indications:**

For heavy menstruation and other menstrual disorders.

It has a therapeutic effect on the entire neuroendocrine system.

Bioenergy tests show that this remedy can also be effective in the treatment of other disorders, not necessarily linked to the symptoms of heavy menstruation.

When this occurs it is due to biological clock or biorhythm disorders. This means that the remedy can also be used to treat men in this situation.

It is also indicated in the treatment of coagulation defects or **plateletopenia**.

### **Composition:**

Thlaspi bursa pastoris TM  
Fraxinus Americana D1

Momordica balsamina 1CH  
Vinca minor D1  
Citrus vulgaris gemmae D1  
Millefolium TM  
Crocus sativa D2  
Geranium maculatum D1  
Glycyrrhiza glabra D1

Glycerinum D4  
Sequoia gigantea gemmae  
D1  
Carbo vegetabilis D8  
Cinnamomum D4  
Ferrum metallicum D9  
Hypophysis 7CH  
Splen 7CH  
Sepia D12  
Lilium tigrinum D4

### **Pharmacological notes:**

Thlaspi bursa pastoris:	when someone is bleeding heavily
Fraxinus Americana:	drainage of the spleen
Momordica balsamina:	heavy menstruation with back pain
Vinca minor:	passive hemorrhage of the uterus
Citrus vulgaris gemmae:	clotting
Millefolium:	bleeding and clotting defects
Crocus sativa:	bleeding and clotting defects
Geranium maculatum:	hemorrhages
Glycerinum:	long-lasting menstruation
Sequoia gigantea gemmae;	drainage of the pelvic area
Carbo vegetabilis:	acts on the muscles of the uterus
Cinnamomum:	bleeding and clotting defects
Ferrum metallicum:	bleeding and clotting defects
Hypophysis:	neuroendocrine disorders
Splen:	regeneration of the spleen
Sepia:	neuroendocrine disorders
Glycyrrhiza glabra:	Hypoglycaemia and stress of the liver
Lilium tigrinum:	acts on the uterus

### **Posology:**

10 drops, 3 times a day, several minutes before or after meals.

10 drops before bedtime.

In acute stages: 10 drops every half an hour.

Combine with **Endocrinotox No. 25 (Neuroimmuno)** and **Endocrinotox No. 19 (uterus)**.



# ENDOCRINOTOX

No. 14

## *CYCLOREGULAR*

### **Indications:**

Irregular menstruation and other disorders of the menstrual cycle. It has a therapeutic effect on the neuroendocrine system. The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to the symptoms of heavy menstruation. When this occurs, they are usually biological clock and biorhythm disorders. In this case the remedy can be effective for treating men as well. It is also indicated in the treatment of emotional stress.

### **Composition:**

Passiflora incarnata TM  
Lac caninum D6/D9/D12  
Nux moschata D9  
Nux vomica D9  
Physostigma venenosum D6  
Sepia D6/D9/D12/D30  
Tuberculinum 9CH

Hypophysis 7CH/20CH  
Thyreoidea 7CH  
Ovarium 7CH/30CH  
Melaninum 7CH  
Phosphorus D10/D15  
Pulsatilla D6/D9/D12/D15  
Zincum valerianicum D6

### **Pharmacological notes:**

Passiflora incarnate:	calming, acts against stress
Lac caninum:	irregular cycle
Nux moschata:	irregular cycle, caused by stress
Nux vomica:	irregular cycle, caused by stress
Physostigma venenosum:	irregular menstruation with palpitations and irritability
Sepia:	stress caused by irregular cycle
Tuberculinum:	irregular menstruation and delayed puberty
Hypophysis:	regulation of the neuroendocrine system
Thyreoidea:	general metabolism
Ovarium:	disorders due to dysfunction of the ovaries
Melaninum:	effective regulator of biorhythm, acts against depression and disorders affecting anyone who rapidly changes time zone
Phosphorus:	irregularity due to nervous overstimulation of the liver
Pulsatilla:	irregularity due to nervous overstimulation and emotional stress
Zincum valerianicum:	irregularity due to nervous overstimulation and anxiety

### **Posology:**

10 drops, 3 times a day, several minutes before or after meals.

10 drops before bedtime.

Combine with **Detox No. 17 (Stress)** and **Endocrinotox No. 6 (Pituitary gland)**.

# ENDOCRINOTOX

No. 15

## *CYCLOSTIM*

### **Indications:**

Effective on short cycles or scanty menstruation. It is also suitable when the menstrual cycle has been suppressed.

It has a therapeutic effect on the whole neuroendocrine system. The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to symptoms from the absence of menstruation. When this occurs it indicates that there are disorders of the biological clock and biorhythm due to allopathic and emotional suppression of the endocrine system. This also means that the remedy can be extremely effective for treating men.

### **Composition:**

Arnica D1	Castoreum D9
Dulcamara D3	Mangifera indica D2
Hypophysis 4CH	Cimex lecturalis D9
Ovarium 4CH	Mercurialis D9
Oestrogen 7CH	Polygonum D6
Progesteron 7CH	Pulsatilla D9/D12/D30
Testosterone propionate 12CH	Phosphorus D12
Lilium tigrinum D4	Ferrum Iodatum D9
Crotalus Horridus D6	Natrum muriaticum D9/D12/D30
Glycyrrhiza glabra D1	

## Pharmacological notes:

Arnica:	physical stress, traumatic effects
Castoreum:	amenorrhoea
Mangifera indica:	amenorrhoea
Cimex lecturalis:	amenorrhoea caused by stress
Mercurialis:	amenorrhoea caused by dysfunction of the pituitary gland
Polygonum:	amenorrhoea caused by ovarian dysfunction
Pulsatilla:	amenorrhoea caused by emotional stress
Phosphorus:	amenorrhoea caused by overstimulation
Ferrum Iodatum:	amenorrhoea caused by biorhythm disorders
Natrum muriaticum:	amenorrhoea caused by emotional stress
Dulcamara:	amenorrhoea caused by adrenal dysfunctions
Hypophysis:	neuroendocrine regulation
Ovarium:	ovarian dysfunctions
Oestrogen:	amenorrhoea caused by hormonal disorders
Progesteron:	amenorrhoea caused by hormonal disorders
Testosterone propionate:	amenorrhoea caused by hormonal disorders
Lilium tigrinum:	acts on the uterus
Crotalus Horridus:	neuroendocrine regulation of the pituitary gland
Glycyrrhiza glabra:	Hypoglycaemia and stress of the liver

## Posology:

10 drops, 3 times a day, several minutes before or after meals.

10 drops before bedtime.

Combine with **Endocrinotox No. 3 (general female regulation)** and **Endocrinotox No. 10 (Hypothyroid)**.

# ENDOCRINOTOX

No. 16

## *CYCLOPRECLIM*

### **Indications:**

Going into the menopause or cycle problems during the menopause can cause symptoms such as widespread sweating, hot flashes, irritability, anxiety, and irregular or no menstruation.

This remedy has a therapeutic effect on the whole neuroendocrine system. The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to menopausal symptoms.

When this occurs, it is as a result of biological clock (the period in which the organs are active according the theories of acupuncture) and biorhythm disorders. In particular this is linked to the disorders caused by aging.

This means that the remedy is also effective for treating men.

### **Composition:**

Gingko biloba TM	Physostigma venenosum D6
Hamamelis TM	Argentum nitricum D6
Capsicum D4	Carcinominum D9/D12/D15
Ovarium D8	Conium D6
Trillium pendulum D3	Placenta 4CH
Sepia D3/D6/D9/D12/D15	Aurum natronatum muriaticum D6
Lachesis D6/D9/D15	Testosterone propionate 7CH
Pulsatilla D4/D9	Progesteron 7CH
Sumbulus moschatus D4	Hypophysis cerebri 4CH
Thlaspi bursa pastoris TM	Oophorinum D7

## Pharmacological notes:

Gingko biloba:	cerebral circulation and arteriosclerosis
Hamamelis:	venous circulation and varicose veins
Capsicum:	climacterium, menopause
Ovarium:	ovarian dysfunctions
Trillium pendulum:	climacterium, menopause
Sepia:	neuroendocrine regulation
Lachesis:	climacterium, menopause
Pulsatilla:	climacterium due to irritability and emotional stress
Sumbulus moschatus:	climacterium and irregular menstruation
Hypophysis cerebri:	neuroendocrine regulation
Thlaspi bursa pastoris:	climacterium with heavy losses
Physostigma venenosum:	irregular menstruation during climacterium
Argentum nitricum:	Hypoglycaemia
Carcinominum:	prevention of premalignancies
Conium:	prevention of mammary malignancies
Placenta:	regeneration and general rejuvenation
Aurum natronatum muriaticum:	prevention of fibromas of the uterus
Testosterone propionate:	often indicated for hot flashes
Progesteron:	often indicated for climacterium disorders
Oophorinum:	reduction in ovarian function during the menopause

## Posology:

10 drops, 4 times a day, several minutes before or after meals.

10 drops before bedtime.

Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 23 (Regeneration)**.

# ENDOCRINOTOX

No. 17

## *CYCLOCLIM*

### **Indications:**

For menopausal and menstrual cycle disorders.

This remedy may also be indicated when there are no menopausal symptoms such as: widespread sweating, hot flashes, irritability, anxiety, irregular or no menstruation.

This remedy has a therapeutic effect on the whole neuroendocrine axis.

The bioenergy test illustrates how this remedy can also be effective for many other disorders, not necessarily connected to menopausal symptoms. When this is the case, it is as a result of biological clock (the period in which the organs are active according the theories of acupuncture) and biorhythm disorders. In particular this is linked to the disorders caused by aging.

In many cases this remedy can also be an extremely effective treatment for men.

It is indicated in the treatment of premature aging, stress and biological clock disorders.

### **Composition:**

Sequoia gigantea gemmae D1  
Fraxinus americana D1  
Acidum boricum D5  
Manganum aceticum D6  
Hepar sulphuris D8  
Oophorium D4  
Sumbul D3

Amylium nitrosum D6  
Sepia D3/D6/D9/D12  
Lachesis D6/D9/D12  
Ovarium 4CH  
Thyreoidea 7CH  
Calcium Iodatium D9  
Testosterone propionate  
4CH

Kreosotum D4  
Lac caninum D6/D9/D12  
Magnesium carbonicum D8

Progesteron 7CH  
Oestrogen 7CH  
Sanguinaria D4

**Pharmacological notes:**

Sequoia gigantea gemmae:

lymphatic drainage of the adrenal glands and pelvic area

Fraxinus Americana:

lymphatic drainage of the adrenal glands and pelvic area

Acidum boricum:

climacterium flushes

Manganum aceticum:

climacterium flushes

Hepar sulphuris:

neuroimmunological stimulation

Oophorium:

reduction in ovarian function

Sumbul:

during the menopause

Kreosotum:

acts on the uterus and ovaries

Lac caninum:

neuroendocrine regulation

Magnesium carbonicum:

acts on depression during

Amylium nitrosum:

climacterium

Sepia:

drainage of the uterus and pelvic area

Lachesis:

hot flashes, hyperhidrosis, headaches during the menopause

Ovarium:

neuroendocrine regulation

Thyreoidea:

acts on depression during

Calcium Iodatam:

climacterium

Testosterone propionate:

general regeneration and ovarian dysfunction

Progesteron:

metabolism and prevention of tumours

Oestrogen:

hot flashes during climacterium

Sanguinaria:

neuroendocrine regulation

neuroendocrine regulation

neuroendocrine regulation

hot flashes, climacterium, headaches (particularly on the right side)



**Posology:**

10 drops, 4 times a day, several minutes before or after meals.

10 drops before bedtime.

Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 23 (Regeneration)**.

# ENDOCRINOTOX

No. 18

## *CYCLODYSMENO*

### **Indications:**

For all pain before or during menstruation, cramps, feelings of bloatedness in the stomach.

It is also an effective treatment for other disorders such as stress, pain and tension.

It is effective for men who present with stress, pain, hemicrania, flatulence and other symptoms. It is also indicated in the treatment of asthma and anxiety.

### **Composition:**

Caulophyllum D1

Camomile TM

Viburnum opulus TM

Apis mellifica D6/D9/D12

Apium graveolens D1

Cactus 3CH

Collinsonia Canadensis D4

Cerium oxalaceticum D6

Glycyrrhiza glabra D1

Crotalus horridus D9/D12

Cuprum metallicum D10/D12/D15

Magnesium phosphoricum D8/D10

Melilotus officinalis D1

Secale cornutum D4

Lilium tigrinum D4

Cocculus D4

Colocynthis D6

## Pharmacological notes:

Caulophyllum:	painful menstruation with cramps
Camomile:	sensitivity to pain
Viburnum opulus:	dysmenorrhoea
Apis mellifica:	right ovarian region
Apium graveolens:	pain with water retention
Cactus:	pain with emotional stress
Collinsonia Canadensis:	cramps before and after menstruation
Cocculus:	extremely violent cramps with bleeding
Cerium oxalacticum:	neuroendocrine effect on the thalamus and hypothalamus
Cuprum metallicum:	cramps and spasms
Colocythis:	Sudden cramps, colic that improves with warmth and pressure
Crotalus horridus:	neuroendocrine regulation of the pituitary gland
Magnesium phosphoricum:	cramps
Melilotus officinalis:	sedative for spasms
Secale cornutum:	cramps
Lilium tigrinum:	acts on the uterus
Glycyrrhiza glabra:	Hypoglycaemia and stress of the liver

## Posology:

10 drops, 4 times a day, several minutes before or after meals.

10 drops before bedtime.

5 drops every hour if the patient has extremely violent cramps.

Combine with **Detox No. 17 (Stress)** and **Detox No. 4 (Cellular load)**.

# ENDOCRINOTOX

No. 19

## *UTERUS*

### **Indications:**

For all disorders of the uterus: fibromas, dysplasia, premalignancy, infections, spasms, endometriosis and pelvic pain.

### **Composition:**

Fraxinus americanus D1	Thyreoidinum 7CH
Gossypium herbaceum D1	Thiosinaminum D4
Solidago D1	Bufo D9
Aurum natronatum muriaticum D6/D8/D10	Sequoia gigantea gemmae D1
Calcium arsenicosum D8	Thuja D2
Calcium Iodatum D8/D12	Sepia D6
Carcinominum D12/D15/D30	Conium D6/D9/D12
Cholesterinum D8	Phytolacca D6
Graphites D8	Silicea D10
Calcium silico-fluoratum (Lapis albus) D8	Uterus 12CH/15CH/30CH

## Pharmacological notes:

Fraxinus americanus:	drainage of the spleen and pelvic area
Gossypium herbaceum:	lymphatic drainage of the adrenal glands and infections in the lower pelvis
Solidago:	general drainage of the kidneys and lymph
Aurum natronatum muriaticum:	fibromas of the uterus
Calcium arsenicosum:	hardening of the uterus
Calcium Iodatum:	fibromas of the uterus and breasts due to thyroid disorders
Carcinominum:	pre malignancy of the uterus and breasts
Cholesterinum:	for tumours, drainage of the liver
Graphites:	dysfunction of the thyroid and fibromas
Calcium silico-fluoratum (Lapis albus):	fibromas and hardening of the arteries
Thyreoidinum:	thyroid, heart, breasts and uterus
Thiosinaminum:	reabsorption of cicatricial tissue
Bufo:	neuroimmune regulation
Sequoia gigantea gemmae:	lymphatic drainage of the lower pelvis and uterus
Thuja:	immune stimulation
Sepia:	direct effect on the uterus and ovaries
Conium:	pre malignancy of the breasts and uterus
Phytolacca:	hardening of the breasts and lymphatic drainage
Silicea:	lymphatic drainage and connective tissue of the breasts
Uterus:	general regeneration of the uterus

## Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Endocrinotox No. 8 (Female gonad endocrine type)** and **Endocrinotox No. 25 (Neuroimmuno)**.

ENDOCRINOTOX  
No. 20  
**DISCONTINUED**  
*MASTO*

**Indications:**

For breast disorders such as fibromas, dysplasia, cysts, hardening, lymphatic congestion, premalignancy, infections, post-operative traumas and mastopathy. It is also an effective post-operative treatment for breasts and after breast removals.

**Composition:**

Arnica D1	Silicea D8
Chimaphila umbellata D1	Calcium silico-fluoratum (Lapis albus) D8
Badiaga D1	Calcium carbonicum D12
Barium Iodatum D8	Phytolacca D4
Mercurius biiodatus D8	Carcinominum D9/D12/D15/D30
Bufo D8	Graphites D8
Thyreoidea 7CH	Bromum D6
Plumbum Iodatum D9/D12/D15	Mercurius Iodatus flavus D10/D12/D15
Conium D9	Carbo animalis D8

### Pharmacological notes:

Arnica:	Physical trauma and physical stress
Chimaphila umbellata:	lymphatic drainage of the breasts
Badiaga:	lymphatic drainage of the breasts
Barium Iodatum:	hardening of the breasts and cysts
Mercurius biiodatus:	hardening of the breasts and cysts, drainage
Bufo:	lymphatic drainage of the upper part of the body
Thyreoidea:	regulation of the thyroid, for benign tumours and cysts in the breasts
Plumbum Iodatum:	hardening of the breasts and cysts
Conium:	(pre)malignancy of the breasts, particularly after trauma
Silicea:	hardening of the breasts and cysts
Calcium silico-fluoratum (Lapis albus):	hardening of the breasts and cysts
Calcium carbonicum:	connective tissue of the breasts, cysts
Phytolacca:	swollen and aching breasts
Carcinominum:	(pre)malignancy, prevention of the latter
Graphites:	swellings and cysts in the breasts
Bromum:	neuroendocrine regulation and lymphatic drainage of the breasts
Mercurius Iodatus flavus:	hardening of the breasts and cysts
Carbo animalis:	painful hardening and swelling of the breasts

### Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 6 (Pituitary gland)**.

# ENDOCRINOTOX

No. 21

## *PROSTATE*

### **Indications:**

Prostate disorders such as Hypertrophy, dysplasia, swelling, lymphatic block, (pre)malignancy, infections and pain. It is also effective for post-operative states and after prostatectomy.

It is used at prophylaxis level by men over the age of 45.

### **Composition:**

Sequoia gigantea gemmae D1

Chimaphila umbellata D1

Sabal serrulatum D1

Zincum metallicum D10

Conium D9

Thuya D2

Solidago virgaurea TM

Testosterone propionate 7CH

Eupatorium purpureum D2

Fabiana (Pichi pichi) D1

Prostate 9CH/12CH/15CH

Populus tremuloides D1

Thyreoidinum 7CH

Pancreas 7CH

Damiana D1



### **Pharmacological notes:**

Sequoia gigantea gemmae:	important lymphatic remedy for the prostate
Chimaphila umbellata:	important lymphatic remedy for the prostate
Sabal serrulatum:	important lymphatic remedy for prostate development
Zincum metallicum:	important mineral remedy for the functionality of the prostate
Conium:	(pre)malignancy of the prostate
Thuja:	important lymphatic remedy for the prostate
Solidago virgaurea:	drainage of the urogenital system
Damiana:	chronic prostatitis
Eupatorium purpureum:	important lymphatic remedy for the prostate
Fabiana (Pichi pichi):	important remedy for the prostate
Prostate:	regeneration of the prostate
Populus tremuloides:	important lymphatic remedy for the prostate
Thyreoidinum:	thyroid has an important role in the development of the prostate and related problems
Pancreas:	important role in the causal chain of stress factors in prostate symptomology
<b>Testosterone propionate:</b>	important hormone for the development of the prostate

### **Posology:**

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Endocrinotox No. 2 (General male regulation)** and **Endocrinotox No. 25 (Neuroimmuno)**.

## ENDOCRINOTOX

No. 22

# DISCONTINUED

*POSTNATAL*

### **Indications:**

For all post-natal disorders. These disorders can become more significant after a few years.

It is also indicated in the treatment of men, and women who have not had children, as it has a strong effect on the endocrine and emotional systems – stress, emotional stress, depression, biorhythm disorders, seasonal depression (winter depression), post-shock or –trauma stress, suppression caused by allopathic hormones.

### **Composition:**

Arnica TM/D6/D9/D12  
Agaricus D4  
Echinacea angustifolia TM  
Hydrastis TM  
Avena sativa TM  
Hieracium pilosella TM  
Fucus vesiculosus TM  
Bellis perennis D1  
Kalium carbonicum D9/D12/D15  
Sepia D4/D6/D9/D12

Acidum phosphoricum D4/D6/D9  
Podophyllum peltatum D4  
Ignatia D6/D9  
Pulsatilla D9  
Lac caninum D6  
Conium D6  
Secale cornutum D6  
Calcium carbonicum D12  
Kalium phosphoricum D9/D12

## Pharmacological notes:

Arnica:	physical overload, connective tissue damage
Agaricus:	mental depression
Echinacea angustifolia:	stimulation of the immune system
Hydrastis:	stimulation of the immune system
Avena sativa:	calming and stimulating effect
Hieracium pilosella:	renal drainage
Fucus vesiculosus:	stimulation of the thyroid
Bellis perennis:	restoration and regeneration of tissues
Kalium carbonicum:	post-natal disorders
Kalium phosphoricum:	asthenia
Acidum phosphoricum:	asthenia, lethargy
Podophyllum peltatum:	depression and stimulation of the liver
Ignatia:	nervous depression
Pulsatilla:	emotional depression
Lac caninum:	neuroendocrine regulation
Conium:	Weakness
Secale cornutum:	post-partum pain
Calcium carbonicum:	regulation of the thyroid
Sepia:	neuroendocrine regulation

## Posology:

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Endocrinotox No. 3 (General female regulation)** and **Endocrinotox No. 25 (Neuroimmuno)**.

# ENDOCRINOTOX

No. 23

## *REGENERATION*

### **Indications:**

General regeneration and rejuvenation.

Preventive treatment and remedy for chronic disorders. It is indicated for patients over 45 as a prophylaxis against premature aging and for a more effective body regeneration.

### **Composition:**

Arnica D9	Acidum hydrofluoricum D12
Ginkgo biloba TM	Mercurius solubilis D9
Calcium arsenicosum D6	Thiosinaminum D4
Calendula D1	Placenta 4CH
Aurum natronatum muriaticum D9	Hypophysis 4CH
Amber D4	Oestrogen 7CH
Ammonium benzoicum D6	Testosterone propionate 4CH
Barium carbonicum D8	Pancreas 4CH
Acidum benzoicum D6	Carduus marianus TM
Hepar 4CH	

## Pharmacological notes:

Arnica:	tissue regeneration
Ginkgo biloba:	cerebral and memory regeneration
Calcium arsenicosum:	regeneration of the liver, kidneys and gonads
Calendula:	recovery from injury and arteriosclerosis
Aurum natronatum muriaticum:	arteriosclerosis and tumour prevention
Amber:	neuroendocrine regeneration
Ammonium benzoicum:	regeneration of joints
Barium carbonicum:	arteriosclerosis and cerebral circulation
Acidum benzoicum:	depression for those living in the past
Carduus marianus:	drainage of the liver
Acidum hydrofluoricum:	premature aging
Mercurius solubilis:	aging
Thiosinaminum:	tissue regeneration and absorption
Placenta:	general rejuvenation and regeneration
Hypophysis:	neuroendocrine regulation and regeneration
Oestrogen:	neuroendocrine regulation and regeneration
Testosterone propionate:	neuroendocrine regulation and regeneration
Pancreas:	regeneration of the pancreas
Hepar:	regeneration of the liver

## Posology:

20 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Endocrinotox No. 2** and **No. 3 (General male or female regulation)** and **Detox No. 4 (Cellular load)**.

# ENDOCRINOTOX

No. 24

## *NEUROIMMUNE REGULATION/CHILDREN*

### **Indications:**

For hyperactive children, with exudative diathesis, chronic infections, growth disorders, and is also effective as a preventive treatment for these disorders. It can be used on any child with chronic infections of the ears or throat, allergies etc.

### **Composition:**

Calcium carbonicum D8	Echinacea purpurea TM
Calcium phosphoricum D8/D10	Hydrastis TM
Calcium fluoratum D8/D10	Myristica sebifera 1CH
Calcium arsenicosum D8	Passiflora incarnata TM
Ceanothus americanus D1	Hypericum TM
Ferrum phosphoricum D8	Arnica D1
Medulla ossis 7CH	Avena sativa TM
Splen 7CH	Kalium phosphoricum D8
Thymus 4CH	Zincum valerianicum D6/D9
Echinacea angustifolia TM	Camomile D6

### **Pharmacological notes:**

Calcium carbonicum:	acts on the pituitary gland and thyroid, and is an antidote against pesticides (INTEGRA)
Calcium phosphoricum:	growth deficiencies, weak constitution, weak liver and lymphatic stagnation
Calcium fluoratum:	infections, Otitis Media, tonsillitis
Calcium arsenicosum:	headache, weak spleen, renal weakness, with INTEGRA for allergies from food additives
Ceanothus americanus:	weak spleen, poor immune defences
Ferrum phosphoricum:	fever, acts on renal drainage
Medulla ossis:	strengthens the reticulum-endothelial system and general constitution
Splen:	the spleen plays an important role in the prevention of viruses
Thymus:	regenerates the thymus and counteracts emotional stress
Echinacea angustifolia:	general strengthening of the immune system
Echinacea purpurea:	stimulation of phagocytosis
Hydrastis:	stimulation of the liver and lymph
Myristica sebifera:	strengthening of the immune system against bacterial infections
Passiflora incarnata:	neuroendocrine sedative and calming
Hypericum:	strengthens the nervous system against heavy metals and overstimulation, acts on the thalamus (INTEGRA)
Arnica:	follow-up for concussion treatment, traumas to the brain, lesions of cicatricial tissue, traumas
Avena sativa:	sedative for the nervous system
Kalium phosphoricum:	strengthens the defences against viral infections
Zincum valerianicum:	for hyperactivity due to overstimulation
Camomile:	acts on the limbic system (INTEGRA)

### **Posology:**

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Detox No. 8 (Immune power)** and **Detox No. 1 (Allergy)**, and for infections, add **Detox No. 10 (Lymph)** as well.

# ENDOCRINOTOX

No. 25

## *NEUROIMMUNO*

### **Indications:**

Weakening of the immune system due to stress, overstimulation, poor lifestyle; works against the effects of alcohol, nicotine, poor food habits.

It is also an effective preventive and regeneration treatment.

### **Composition:**

Calcium arsenicosum D10  
Ceanothus americanus TM  
Hepar 7CH  
Nervus sympathicus 7CH  
Splen 7CH  
Thymus 7CH  
Echinacea angustifolia TM  
Echinacea purpurea TM  
Hydrastis TM  
Stramonium D9  
Passiflora incarnata TM

Hypericum TM  
Arnica TM  
Ginkgo biloba TM  
Avena sativa TM  
Ignatia D4  
Berberis TM  
Sulphur LM6  
Adrenalinum D12  
Hypophysis 7CH  
Kalium phosphoricum D8  
Zincum valerianicum D6/D9



### **Pharmacological notes:**

Calcium arsenicosum:	drainage of the spleen, kidneys and liver, detoxification
Ceanothus americanus:	for drainage of the spleen and immune defences
Hepar:	regeneration of the liver
Nervus sympathicus:	effects of overstimulation
Splen:	strengthening of the spleen and immune system
Thymus:	strengthening of defences against stress
Echinacea angustifolia:	general strengthening of resistance
Echinacea purpurea:	stimulation of phagocytosis (cell defences)
Hydrastis:	stimulation of the liver and lymph
Stramonium:	overstimulation, stress
Passiflora incarnata:	sedative
Hypericum:	strengthens the constitution against heavy metals and overstimulation, acts on the thalamus (INTEGRA)
Arnica:	soft tissue traumas, strengthening of the constitution against physical and emotional stress
Ginkgo biloba:	activation of cerebral circulation and memory
Avena sativa:	strengthens the nervous system
Ignatia:	overstimulation, depression, stress
Berberis:	strengthens liver and kidney drainage
Sulphur:	activates the defence system
Adrenalinum:	stress
Hypophysis:	strengthens the neuroendocrine system
Kalium phosphoricum:	viral defences and production of interferon
Zincum valerianicum:	overstimulation

### **Posology:**

10 drops, 4 times a day, several minutes before or after meals and 10 drops before bedtime.

Combine with **Detox No. 17 (Stress)** and **Endotox No. 14 (Thymus)**.

# ENDOCRINOTOX

No. 26

## *PARATHYROIDS*

### **Indications:**

Regulation of parathyroid function, bone development, lymphatic drainage, recovery after a bone fracture, concussion, trauma, shock. It is also indicated for rheumatic disorders, arthritis, growth disorders in children, mineral deficiencies, calcium and fluoride supplements for children, strengthening of teeth against cavities and chronic infections, stagnation of the lymph, arteriosclerosis and hardening of tissues.

### **Composition:**

Abies pectinata gemmae D1	Vitamin D D6/D8/D10
Pinus Montana gemmae D1	Os totalis 4CH
Calcium carb. Hahnemanni D8/D12	Hepar sulphuris D6/D10
Calcium fluoratum D8/D12	Sepia D3/D6
Calcium gluconium D8/D12	Silicea D8
Calcium phosphoricum D4/D8	Kalium carbonicum D8
Natrum phosphoricum D6	Glandula parathyreoidea 7CH
Calcium Iodatum D6/D9/D12	Boron D8/D10
Calcium silico-fluoratum (lapis albus) D8/D10	

### Pharmacological notes:

Abies pectinata gemmae:	drainage for bone metabolisms and arthritis
Pinus Montana gemmae:	drainage for bone metabolisms and rheumatic infections
Calcium carb. Hahnemanni:	acts on parathyroids, thyroid and pituitary gland
Calcium fluoratum:	acts on bone growth, lymph and dental caries, arteriosclerosis and chronic bacterial infections
Calcium gluconium:	acts on parathyroids
Calcium phosphoricum:	strengthens bone development and immune defence
Natrum phosphoricum:	renal calculi, acidosis, excessive consumption of soft drinks
Calcium Iodatum:	thyroid, lymphatic stagnation, tonsillitis, defences against viruses
Calcium silico-fluoratum (lapis albus):	strengthens connective tissue
Vitamin D:	strengthens resistance and bone development
Os totalis:	regeneration of bone
Hepar sulphuris:	increases resistance and strengthens the immune system
Sepia:	stimulates the neuroendocrine system
Silicea:	strengthens the connective tissue, antioxidant
Kalium carbonicum:	strengthens the liver, adrenal glands and connective tissue
Glandula parathyroidea:	regeneration of parathyroids

### Posology:

10 drops, 4 times a day, several minutes before and after meals and combine with **Detox No. 4 (Cellular load)** and **Endocrinotox No. 6 (Pituitary gland)**.

## ***DETOXIFICATION AND ENDOCRINOTOX THERAPY***

The best therapeutic approach is to start with the detoxification programme outlined in the Detox/Endotox Handbook. When you have completed this programme you can begin Endocrinotox Therapy as outlined in this booklet.

Endocrinotox Therapy can also be started before the detoxification programme is completed. This system can be used to strengthen a classic homeopathic therapy with polycrests.

The following is a summary of the therapeutic programme:

1. Detox therapy (outlined in the Detox/Endotox Handbook):

*Reduction of exogenous toxins*

2. Endotox therapy (outlined in the Detox/Endotox Handbook):

*Reduction of endogenous toxins*

3. Endocrinotox therapy (see the beginning of this booklet):

*For regenerating and strengthening the tissues and the immune system, and improving the general feeling of wellbeing.*

4. Maintenance therapy:

*This is devised according to weak points and symptoms; prescribe a remedy for each group (Detox, Endotox and Endocrinotox) being supported, if necessary using Flowerplex or Allergyplex.*

The Endocrinotox remedies can be combined with any other type of therapy and they have a profound action. They can be used on the basis of symptoms or testing methods such as Vega, BFD, EAV and kinesiology.

## ***ENDOCRINOTOX THERAPY AND PREGNANCY***

There are no contraindications with using Endocrinotox therapy during pregnancy.

The following remedies are recommended during pregnancy:

1. Endocrinotox No. 3 (General female regulation)
2. A remedy suitable for the patient's endocrine type (Pituitary, adrenal, gonad, thyroid) and identified using a test or at the anamnesis. If you are in any doubt, prescribe Endocrinotox No. 6 (Pituitary gland).
3. Endocrinotox No. 25 (Neuroimmuno)
4. Endocrinotox No. 26 (Parathyroids)

One month before giving birth:

1. Detox No. 3 (Connective tissue)
2. Detox No. 13 (Kidneys)
3. Detox No. 11 (Ligaments)
4. Detox No. 8 (Immune power)

During labour:

1. Detox No. 17 (Stress)
2. Detox No. 3 (Connective tissue)
3. Endotox No. 13 (Sugar)

These remedies can be mixed together in one bottle and administered every 5-10 minutes (5-10 drops).

After the birth:

1. Detox No. 3 (Connective tissue)
2. Endocrinotox No. 22 (Postnatal)
3. Endotox No. 12 (Muscle tissue)
4. Endocrinotox No. 23 (Regeneration)

## ***ENDOCRINOTOX THERAPY AND CHILDREN***

It is very difficult to establish a child's endocrine type. In children under the age of 6, the pituitary endocrine type is the most common. It is best to carry out a test in order to establish which is the most effective remedy.

For chronic infections:

1. Endocrinotox No. 26 (Parathyroids): 20 drops before bedtime
2. Endocrinotox No. 24  
(Neuroimmune regulation/children): 10 drops, 4 times a day
3. Detox No. 8 (Immune power): 15 drops, 4 times a day
4. Endotox No. 14 (Thymus): 20 drops in the morning
5. Detox No. 10 (Lymph): 10 drops, 3-6 times a day

Continue with this therapeutic scheme for 3 months; the majority of children will greatly improve.

## ***REGENERATION AND ENDOCRINOTOX THERAPY***

For arteriosclerosis, Alzheimer's disease, memory loss and as a preventive treatment:

1. Endotox No. 6 (Brain) 20 drops before bedtime
2. Endocrinotox No. 2 or No. 3  
(General male or female regulation): 20 drops before bedtime
3. Endotox No. 1 (Circulation): 20 drops, 4 times a day
4. Endocrinotox No. 23 (Regeneration): 20 drops before bedtime
5. Endocrinotox No. 26 (Parathyroids): 20 drops in the morning

It is also important to support the body with antioxidants such as beta-carotene, Vitamin C, Selenium and Vitamin E.

## ***HIGHLY SENSITIVE PATIENTS AND ENDOCRINOTOX THERAPY***

Reactions and worsenings may occur when homeopathic remedies are used. This can happen with Endocrinotox therapy, but it is extremely rare. When treating highly sensitive patients, it is advisable to begin with Endocrinotox Therapy as it helps to strengthen the body and prepare it for detoxification.

## ***ACUPUNCTURE AND ENDOCRINOTOX THERAPY***

Endocrinotox is an ideal support therapy to combine with acupuncture therapies and Chinese phytotherapy. The remedies have a profound effect and strengthen the effects of acupuncture.

## ***BIOENERGY TESTING AND ENDOCRINOTOX THERAPY***

Various methods can be used to test these remedies:

The VEGA test, EAV test (Voll), BFD test, Kinesiology, and INTEGRA (the system developed by Dr. Martina).

These systems can be used to establish the level of toxicity in the body and the efficacy of the various remedies.

## ***THERAPEUTIC INDEX***

### ***A***

**Adiposity  
(being overweight/obese)**

1. Identify the constitutional endocrine type
2. Endocrinotox No. 10 (Hypothyroid), 10 drops, 4-6 times a day
3. Endotox No. 8 (Hypometabolic), 4-6 times a day

Carry out renal drainage as well (Detox No. 13).  
Regulate the metabolism of sugar (Endotox No. 13)

**Adrenal insufficiency**

Endocrinotox No. 9 (Adrenal glands), Detox No. 6 (Energy load), Endocrinotox No. 23 (Regeneration)

**Anxiety, irritability, stress**

1. Identify the constitutional endocrine type. Then Detox No. 17 (Stress), Endocrinotox No. 1 (PMS), Endocrinotox No. 2 or No. 3

**Arteriosclerosis**

Endotox No. 1 (Circulation) and No. 15 (Fats)  
Endocrinotox No. 23 (Regeneration)  
Endotox No. 6 (Brain) and Detox No. 9 (Liver)

### ***B***

**Bleeding between  
menstrual cycles**

Endocrinotox No. 13 (Cyclometro)  
Endocrinotox No. 3 (General female regulation)  
Endocrinotox No. 19 (Uterus)

**Brain (circulation)**

See “Dementia” or “Arteriosclerosis”



**Breasts (cysts, pain,  
Swelling, hardening, lumps)**

Endocrinotox No. 20 (Masto)  
Detox No. 10 (Lymph), Detox No. 4 (Cellular  
load)  
According to the side affected (right or left):  
Endocrinotox No. 4 or No. 5 (right or left ovary)

## ***C***

**Change in time zone**

Endocrinotox No. 25 (Neuroimmuno)  
Endocrinotox No. 6 (Pituitary gland), Detox No.  
17 (Stress)

**Chronic fatigue**

Detoxification therapy (see the Detox/Endotox  
handbook); then regeneration therapy (see this  
booklet)

**Chronic infections**

Endotox No. 14 (Thymus)  
Detox No. 10 (Lymph) and No. 8 (Immune  
power)  
Endocrinotox No. 25 (Neuroimmuno)

**Colic (in children)**

Endocrinotox No. 24 (Neuroimmune regulation  
– children)  
Endocrinotox No. 18 (Cyclodysmeno)

## ***D***

**Dementia**

1. Endotox No. 6 (Brain): 20 drops before  
bedtime
2. Endocrinotox No. 2 or No. 3 (General male or  
female regulation): 20 drops before bedtime
3. Endotox No. 1 (Circulation): 20 drops, 4  
times a day

4. Endocrinotox No. 23 (Regeneration): 20 drops before bedtime
5. Endocrinotox No. 26 (Parathyroids): 20 drops in the morning

**Depression**

Flowerplex Therapy (see the Flowerplex Vademecum) Detox No. 17 (Stress), Endocrinotox No. 22 (Postnatal), Endotox No. 13 (Sugar)

***E***

**Endocrine disorders (female)**

Endocrinotox No. 3 (General female regulation) and remedy according to endocrine type, Detox No. 7 (Hormonal feedback).  
Endocrinotox No. 8-12-13-14-15-16-17-18 – depending on the type of disorder

**Endocrine disorders (male)**

Endocrinotox No. 2 (General male regulation) and remedy according to endocrine type, Detox No. 7 (Hormonal feed-back)  
Endocrinotox No. 7 (Male gonad endocrine type)

***F***

**Fatigue**

Endocrinotox No. 9 (Adrenal glands), Detox No. 6 (Energy load) and Detox No. 4 (Cellular load)

***G***

**Growth in children**

Endocrinotox No. 6 (Pituitary gland), No. 26 (Parathyroids)  
Detox No. 4 (Cellular load), Detox No. 10 (Lymph)

## ***H***

<b>Heart and circulation</b>	See “Arteriosclerosis”
<b>Hot flashes</b>	Endocrinotox No. 3 (General female regulation) Endocrinotox No. 16 (Cycloprelim)

## ***I***

<b>Immune defences (weakened)</b>	Endocrinotox No. 25 (Neuroimmuno), Endotox No. 14 (Thymus), Detox No. 18 (Virus) and Detox No. 2 (Bacteria)
<b>Immune defences (weakened by stress)</b>	See “Stress”

## ***M***

<b>Memory (loss of)</b>	See “Dementia”
<b>Menopause</b>	Endocrinotox No. 17 (Cycloclim) Constitutional remedy according to endocrine type
<b>Menstrual cycle (irregular)</b>	Endocrinotox No. 14 (Cycloregular) Endocrinotox No. 3 (General female regulation)
<b>Menstrual cycle (short)</b>	Endocrinotox No. 12 (Cycloregular) Endocrinotox No. 3 (General female regulation)
<b>Menstruation (heavy)</b>	Endocrinotox No. 13 (Cyclometro) Endocrinotox No. 3 (General female regulation)
<b>Menstruation (painful, cramps)</b>	Endocrinotox No. 18 (Cyclodysmeno) Endocrinotox No. 3 (General female regulation)

**Menstruation (scanty)** Endocrinotox No. 15 (Cyclostim)  
Endocrinotox No. 3 (General female regulation)

**Metabolism (accelerated)** Endocrinotox No. 11 (Hyperthyroid)  
Endotox No. 7 (Hypermetabolic)

**Metabolism (slowed)** Endocrinotox No. 10 (Hypothyroid)  
Endotox No. 8 (Hypometabolic)

## *O*

**Osteoporosis** Endocrinotox No. 3 (General female regulation)  
Endocrinotox No. 26 (Parathyroids)

**Ovaries (painful)** Endocrinotox No. 18 (Cyclodysmeno)  
Endocrinotox No. 3 (General female regulation)  
Endocrinotox No. 4 or No. 5 (Left or right ovary)

## *P*

**Premenopause** Endocrinotox No. 16 (Cycloprelim)  
Constitutional remedy according to endocrine type

**Premenstrual Mastodynia** Endocrinotox No. 1 (PMS) and No. 20 (Masto),  
Endotox No. 13 (Sugar) and Detox No. 9 (Liver)

**Premenstrual Syndrome (PMS)** Endocrinotox No. 1 (PMS), Endotox No. 13  
(Sugar) and Detox No. 17 (Stress)

**Prophylaxis (Pre- and Post-partum)** The first month  
1. Detox No. 3 (Connective tissue)  
2. Detox No. 13 (Kidneys)  
3. Endotox No. 3 (Connective tissue)  
4. Endotox No. 13 (Sugar)

During labour

1. Detox No. 17 (Stress)
2. Detox No. 3 (Connective tissue)
3. Endotox No. 13 (Sugar)

These remedies can be mixed together in one bottle and administered every 5-10 minutes (5-10 drops)

**Prostate (Hypertrophy)**

Endocrinotox No. 21 (Prostate), No. 23 (Regeneration) and No. 2 (General male regulation)

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**Sensitivity to cold**

Endocrinotox No. 9 (Adrenal glands)  
Endocrinotox No. 25 (Neuroimmuno)  
Detox No. 6 (Energy load)

**Stress**

Endocrinotox No. 25 (Neuroimmuno)  
Endotox No. 14 (Thymus) and Detox No. 17 (Stress)