

# VIT Formula™

Food supplement – Orodispersible

NEW  
PACKAGING  
32 SACHETS



citrus flavour

15 VITAMINS

9 MINERALS and TRACE ELEMENTS

UNIQUE WITH METHIONINE

**KEY WORD:** VIT Formula™, the ideal and complete composition for the vitality of the body; it acts rapidly

## Ingredients

**Methionine: essential amino acid;** it is the main supplier of sulphur, that helps prevent hair, skin and nails alterations and weakening. It helps reduce cholesterol, enhances lipids metabolism in the liver. Methionine is a urine acidifier and contributes to inhibit bacterial colonization of the urinary tract, protecting them from bacterial infections. Moreover it promotes heavy metal metabolism.

Possible symptoms due to a lack of methionine are: hair fall, flaking nails and skin alterations.

The methionine contained in Vit Formula™ is in balance with the other active principles and in optimal dosage for the body

### Vitamins:

**Vitamins A, C and E:** vitamins with high antioxidant and anti aging activity; fundamental for the good function of immune defences. Their absorption improves thanks to the presence of the minerals: zinc, iron and calcium.

**Vitamins PP and K:** fundamental for different cell processes and for blood coagulation.

**B Group Vitamins and Folic acid:** fundamental for protein synthesis and fats utilization; folic acid in particular is essential for the production of the red blood cells and for the prevention of neonatal spinal column malformation.

**Biotin or Vitamin H:** essential for maintaining the skin tone and hydration and for hair strength.

**Vitamin D:** in conjunction with calcium, essential for maintaining bone strength.

**Choline and Inositol:** they take part in cholesterol metabolism, improve biliary drainage, have also fortifying action on the hair.

### Minerals and trace elements:

**Iron, Calcium, Magnesium, Zinc, Manganese, Copper, Fluorine, Iodine, Selenium:** all these main minerals are present in a balanced dose and in the most bioavailable form; they are vital for the optimal function of the organism as, together with vitamins, they regulate a great number of enzymatic reactions.

Content per sachet		%RDA	Content per sachet		%RDA
<b>Methionine</b>	<b>60 mg</b>	*	<b>Minerals and trace elements:</b>		
<b>Vitamins:</b>			Calcium	150 mg	19
Vitamin C	50 mg	83	Magnesium	75 mg	25
Vitamin PP	4 mg	22	Zinc	15 mg	100
Pantothenic acid	2,1 mg	35	Iron	4 mg	29
Vitamin E	1,5 mg	15	Manganese	2 mg	*
Vitamin B <sub>2</sub>	0,38 mg	24	Copper	0,5 mg	*
Vitamin A	0,25 mg	31	Fluorine	0,09 mg	*
Vitamin B <sub>6</sub>	0,23 mg	*	Iodine	64 mcg	43
Vitamin B <sub>1</sub>	0,15 mg	*	Selenium	33 mcg	*
Folic acid	55 mcg	28	* RDA not declared		
Vitamin K	35 mcg	50	<b>Energetic value</b>	<b>4,2 kcal</b>	
Biotin	21 mcg	*		<b>17,5 kJ</b>	
Vitamin D	2,5 mcg	50	<b>Proteins (NX6,25)</b>	<b>0,18 g</b>	
Vitamin B <sub>12</sub>	0,25 mcg	25	<b>Carbohydrates</b>	<b>1,10 g</b>	
Choline	150 mg	*	<b>of which polyalcohols</b>	<b>0,91 g</b>	
Inositol	130 mg	*	<b>Lipids</b>	<b>0 g</b>	

## Description

Vit Formula™ is a multivitamin formulation, perfectly balanced, ideal for the needs of the body. Thanks to the innovative orodispersible formulation, the active ingredients of Vit Formula™ are highly bioavailable so that they are rapidly assimilated.

Vit Formula™ is particularly recommended as a nutritional support in situations such as:

- strenuous physical and sports activity
- increased need (pregnancy, lactation, growth, senescence)
- reduced food intake, for example due to unbalanced diets
- bad or insufficient food intake
- antibiotic therapies
- convalescence.

Vit Formula™ does not contain lactose and fats.

Moreover Vit Formula™ is indicated as an ideal support and complement to the intake of SON Formula (food supplement of essential amino acids) to guarantee an optimal protein synthesis.



# VIT Formula™



## Uses

*Adults:* 1 to 2 sachets of orodispersible granulate per day. Put the content of the sachet directly into the mouth without water; it melts in a few seconds and is rapidly absorbed.

*Children under 12:* 1 sachet per day.

*In conjunction with SON Formula (food supplement of essential amino acids):* 1 sachet of Vit Formula™, preferably in the morning, every 10 gr of SON Formula (10 tablets of 1 gr or 2 sachets).

**Let the content of the sachet melt directly in the mouth without water.**

## Ingredients

Sweeteners: sorbitol (from corn or wheat), sucralose, acesulfame K, calcium carbonate, Choline bitartrate; anti-agglomerating agent: talc, saccharose, L-methionine, inositol, magnesium oxide, flavouring, L-ascorbic acid (Vitamin C), acidity regulator: citric acid, zinc citrate, maltodextrins, iron fumarate, nicotinamide (vitamin PP), manganese carbonate, DL-alpha-tocopheryl acetate (vitamin E), calcium D-pantothenate (pantothenic acid), retinyl acetate (vitamin A), copper citrate, riboflavin (vitamin B<sub>2</sub>), cholecalciferol (vitamin D<sub>3</sub>), pyridoxine chlorhydrate (vitamin B<sub>6</sub>), phyloquinone (vitamin K<sub>1</sub>), thiamine mononitrate (vitamin B<sub>1</sub>), cyanocobalamin (vitamin B<sub>12</sub>), sodium fluoride, potassium iodide, sodium selenite, pteroyl-monoglutamic acid (folic acid), D-biotin, stabilizers agent: E904, E463, E462.

## Warnings

Keep the product in cool and dry place and protect from light. Keep out of reach of children younger than 3 years Do not exceed the daily recommended dose. The product contains polyalcohols: an excessive administration may have laxative effects. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

## Packaging

32 x 2,5 g orodispersible sachets. Net weight 80 gr.



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