



Resource
EnerJoy

Energy and
Vitality



Resource
GoodNight

Peaceful
Sleep



Resource
Remedy

Relax
No Stress



Resource
Confidence

Self-Esteem and
Self-Confidence



Resource
Harmony

Female
Harmony

Resource Guna

M.F.P. - Master Flower Pattern

**Optimal, synergistic and complementary
combination of Bach Flowers**



Resource Guna

Activate Your Resources!

Resource Guna is a line of ready-to-use Bach Flowers mixed according to Dr. Bach's original method and prepared with **Bio-informed Super Coherent Water** (see final section) and **organic brandy**. According to Dr. Bach's view, Bach Flowers are flower "patterns" that embody specific moods and emotional conditions.

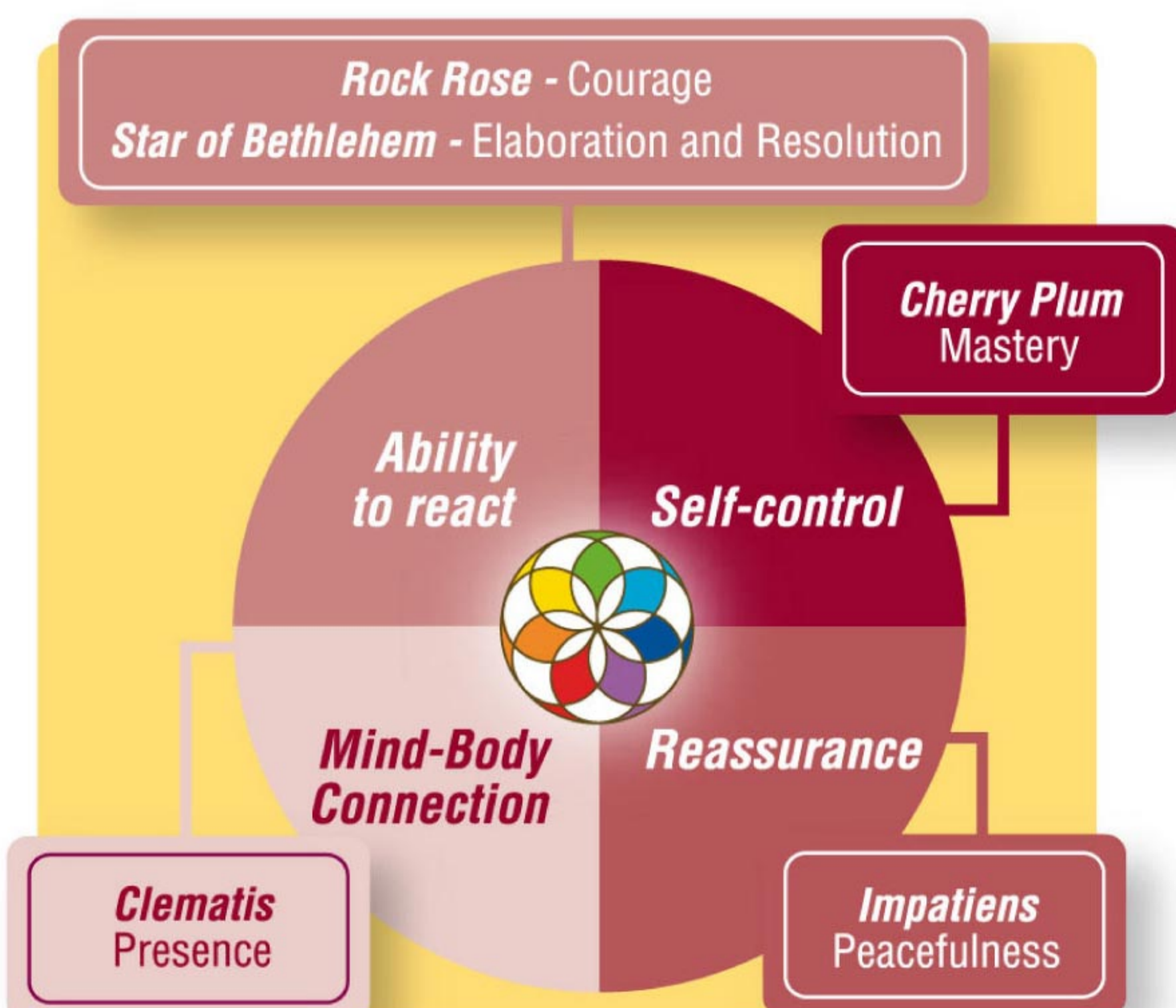
Each **Resource Guna** formulation represents the "**Master Flower Pattern**" (**M.F.P.**), which is an **optimal, synergistic and complementary combination** of the floral patterns. According to Dr. Bach, they correspond to a specific harmonious state of mind and to a consequent condition of emotional balance.

Packaging

20 ml bottle with dropper and security seal. Resource Remedy is also available in 10 ml bottle, drops or spray. 27% Alcohol content.

Directions for use

4 drops directly in the mouth (or 2 sprays) or possibly diluted in a little water to be taken 3-4 times a day. It is possible to repeat the application at intervals of 5-10 minutes for 1 hour.



Resource Remedy

Relax No Stress

M.F.P. (Master Flower Pattern) of Relax - No Stress—Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you want to reach a state of **relaxation, calm**, and be **capable of managing stress**.

Positive Statement

"I am master of my resources, present to myself; I am going to solve and overcome this challenge with calmness and courage".

It is useful to have **adequate resources to face emotional states of strong alterations induced by stressful situations of everyday life:**

- when flying becomes a stressful event
- after any accident
- when a bad news arrives
- prior to an interview or an important meeting
- before making a public appearance
- against dental phobia, blood sampling or injections
- against children's fit of tears and fear
- against excitement of one's wedding day...



Resource GoodNight

Peaceful Sleep

M.F.P. (Master Flower Pattern) of Peaceful Sleep – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish a **quiet, peaceful and restorative sleep**.

Positive Statement

“I indulge in peaceful sleep, I abandon myself in peace and I fall asleep in peace, I rest and recharge my batteries”.



Impatiens - Peacefulness
Scleranthus - Harmony of circadian rhythms
Walnut - Environmental adaptation

Agrimony
Harmony
Aspen
Serenity
White Chestnut
Peace of mind

Peaceful Sleep in the Early hours of the Night

Peaceful Sleep in the middle of the Night

Peaceful Sleep at Dawn

Impatiens - Peacefulness
Olive - Regeneration

Mustard - Inner stability
Scleranthus - Balance of feminine rhythms
Impatiens - Patience

Cherry Plum
Mastery of one's own instincts
Holly
Love and Inner Harmony
Impatiens
Peacefulness

Resource Harmony

Female Harmony

M.F.P. (Master Flower Pattern) of Female Harmony – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish to achieve a **harmonious relationship with femininity, especially in times of particular sensitivity related to menstrual cycles, pregnancy or menopause**.

Harmony of feminine rhythms

Self-Control

Acceptance of women's self

Harmony with the outside world



Cherry Plum
Acceptance of one's own instincts

Crab Apple
Acceptance of one's own self

Walnut
Protection from external stimuli

Positive Statement

“I welcome my femininity and its rhythms. I live and express peacefully my feminine in all its nuances and potential. I have in me the power of attraction and fascination of the moon!”.

Resource Confidence

Self-esteem and Self-confidence

M.F.P. (Master Flower Pattern) of Self-esteem and Self-confidence – Optimal, synergistic and complementary combination of Bach Flowers to evoke your own inner resources and your own innate ability to adapt when you wish to develop your **self-esteem and self-confidence**.



Larch
Audacity
Centaury
Assertiveness

Elm
Decisiveness
Gentian
Awareness of one's own abilities

Cerato - Intuition
Hornbeam - Vigour
Scleranthus - Decision

Positive Statement
"I have full respect for myself, I act confidently, powerfully, and decisively, I have the strength of a lion. I respect myself and I am respected".

Resource EnerJoy

Energy and Vitality

M.F.P. (Master Flower Pattern) of Energy and Vitality – Optimal, synergistic and complementary combination of Bach Flowers that are appropriate to evoke your own inner resources and your own innate ability to adapt when you wish to boost your **energy, vitality and you want to act**.



Elm
Determination
Oak
Perseverance

Olive
Regeneration
Hornbeam
Vigour

Wild Rose
Vitality

Crab Apple - Detoxification

Walnut
Protection from external influences



Positive Statement
"I feel rested, regenerated, energetic, strong and vital. I want to act, I am pure energy!".

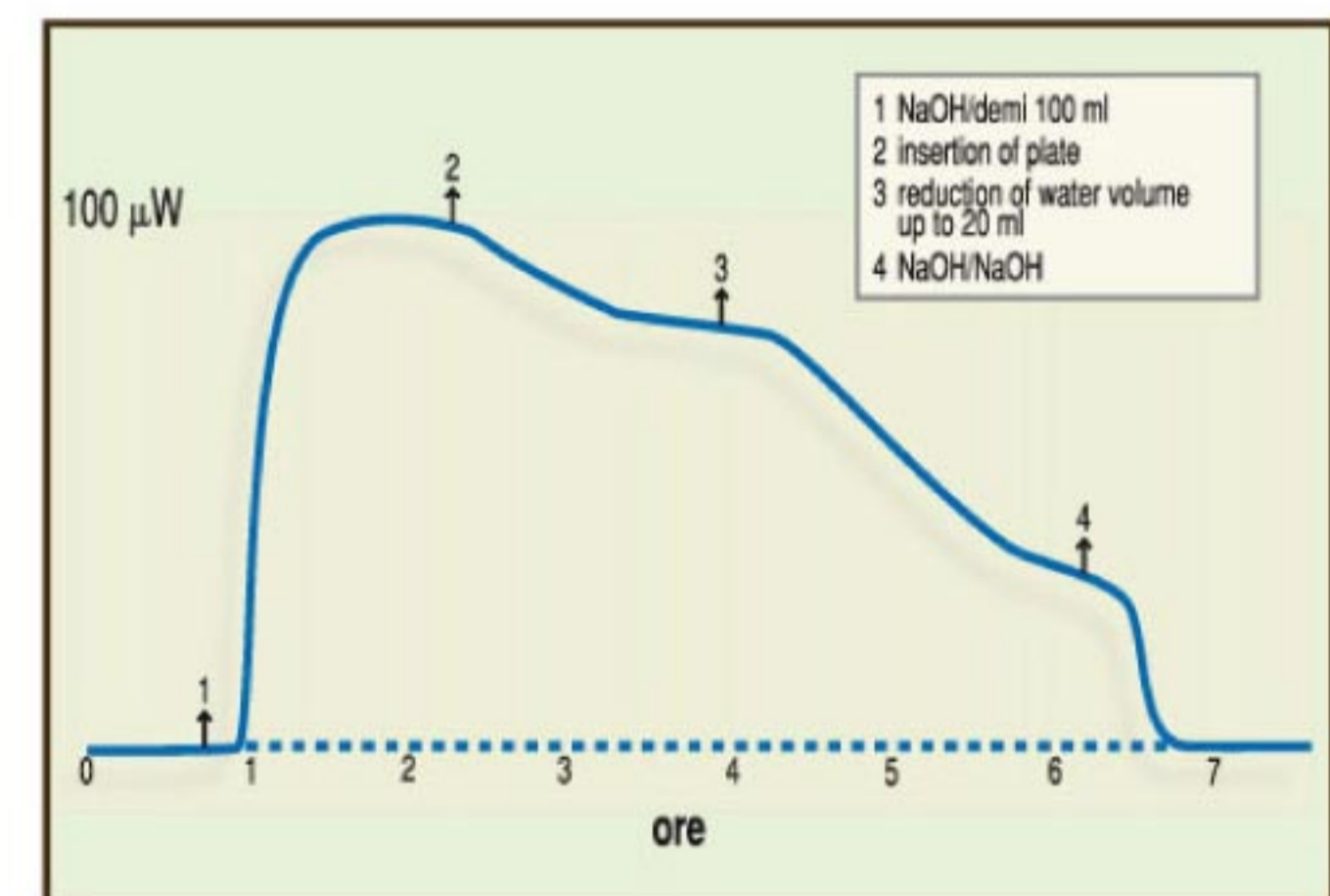
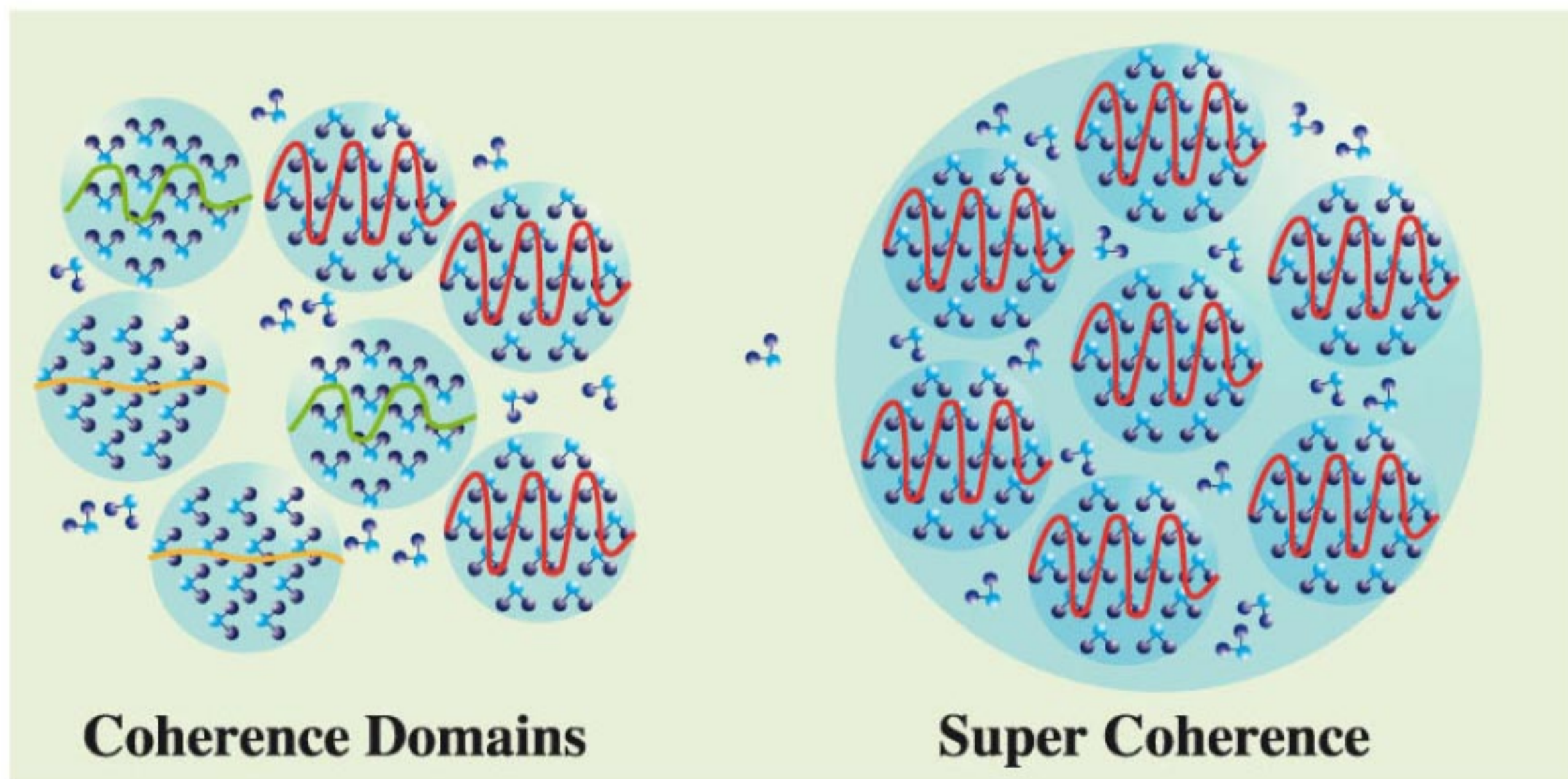
Guna Bach Flowers: Unique with Super-Coherent Water



Water is the essential component of the human body: about 99% of its molecule number and 60-70% of its weight!

Though having one single chemical composition (H_2O), **water molecules can express two different phases**: in one phase they float freely, in another phase **they are organized in structures characterized by a common oscillatory rhythm known as Coherence Domain⁽¹⁾**. Coherence Domains are in resonance with electromagnetic fields of specific frequencies.

When the water of living systems gets in touch with the organic matter, it is structured in a characteristic organized and coherent way, according to specific frequencies emitted by the living matter itself^(2,3).

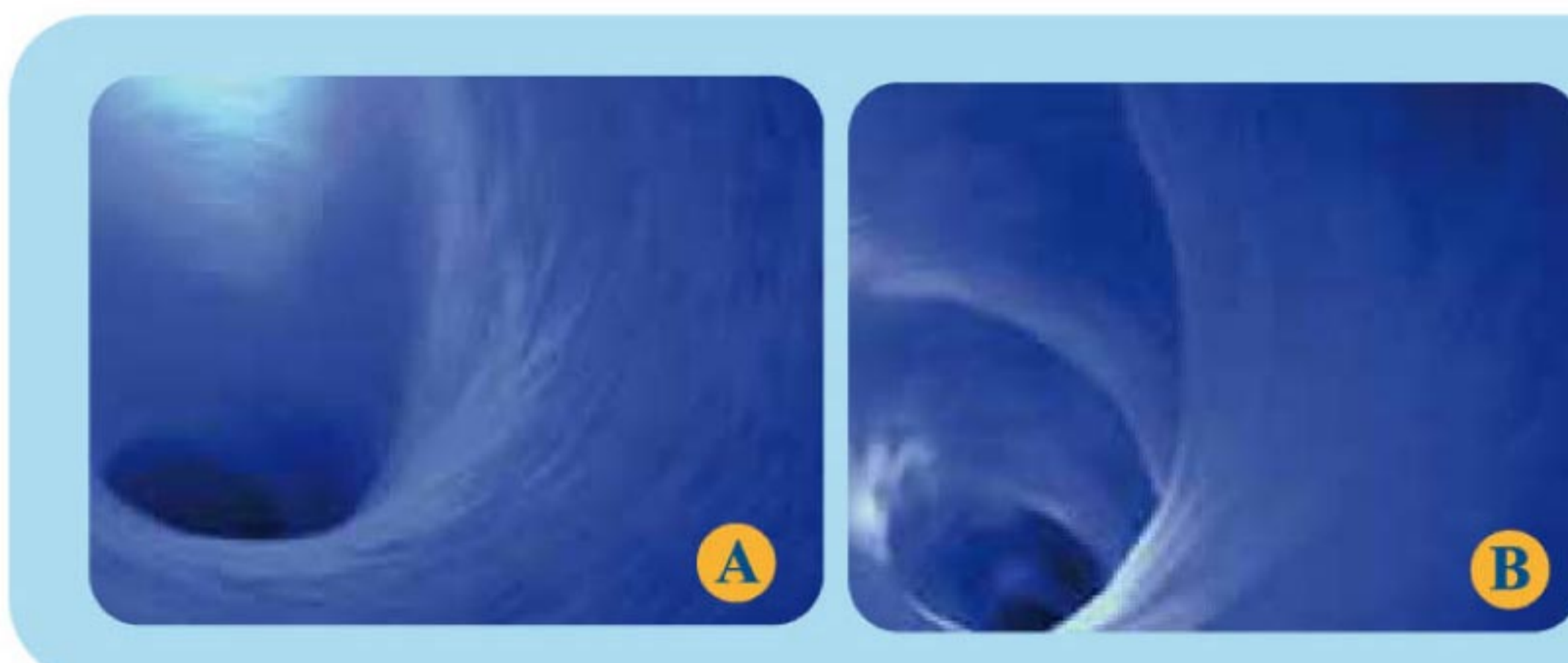


Power-time diagram of flow-mix calorimetry.
Point 2: insertion of WHITE plate (7).

This special biological organization of water, called super coherence, (coherence among coherence domains) is being researched by *Montagnier, Del Giudice, Tedeschi and Vitiello⁽⁴⁾*.

This feature of biological water is being exploited by Guna Laboratories using a method developed by the WHITE research group. Through materials informed by specific electromagnetic fields generated by light passing through vegetal filters characterized by high biodiversity and bioactivity that is coherent with biophotons⁽⁵⁾ emission. These materials inform the liquid element, thus obtaining Super-Coherent Water^(4, 6, 7, 8, 9).

In the case of Guna Resource line, an optical filter is added to the WHITE process for each specific formula. This is aimed at obtaining a special resonance that is specific for this formula itself as well as a synergistic effect with its constituent mother essences⁽¹⁰⁾, by using specific electromagnetic fields.



"Vortices generated in 1000 lt of water put in open air containers to be swirled.

Photo A: Normal water. You can see a single and regular vortex.

Photo B: Water exposed to WHITE light with optical filters used for Guna Bach Flowers. You can see different organized spirals according to fractal dynamics; this phenomenon is due to a lower viscosity of water induced by super-coherence".

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